MONDAY 9 A.M. **IMMUNE BOOSTER FOREST, ITTER** 9 A.M. PANORAMIC HIKE ON THE HOHE SALVE, HOPFGARTEN 1 P.M. TOUR OF THE DAIRY FARM "NIEDERKASERALM", KELCHSAU 4 P.M. **GUIDED TOUR OF THE MARIASTEIN PILGRIMAGE CHURCH** 6.30 P.M. **VINYASA FLOW YOGA, HOPFGARTEN TUESDAY** 7.45 A.M. 🔳 **BREAKFAST WALK, KIRCHBICHL** 8.30 A.M. YOGA ON THE KLEINE SALVE, ITTER NATURALLY HEALTHY - MEADOW HERB TOUR, HOPFGARTEN 9 A.M. **FARM EXPERIENCE FOR YOUNG & OLD, HOPFGARTEN** 10 A.M. 1.30 P.M. E HIKE THROUGH THE WILDLY ROMANTIC GORGE IN KUNDL, WÖRGL 2 P.M. KIDS CANYONING, WESTENDORF WEDNESDAY MEDITATION FOR CLARITY AND COMPASSION ON THE ENGELSBURG, 8.30 A.M. (E) **HOPFGARTEN** 9 A.M. ROUND TOUR TO THE LECHNER WATERFALL, WÖRGL 9 A.M. CREATIVE WORKSHOP - CRAFT YOUR OWN SOUVENIR, ITTER 9.30 A.M. M HALF DAY CANYONINGTOUR, WESTENDORF 2.30 P.M. PLAY & ANIMAL AFTERNOON AT HIRNBACH HOF, KIRCHBICHL 3 P.M. DONKEY AND LLAMA HIKE Z'POIFN, HOPFGARTEN 4.30 P.M. ARTIST TALK AT THE HAGGENMÜLLER STUDIO, HOPFGARTEN 7 P.M. 0 HORSE-DRAWN CARRIAGE TOUR, HOPFGARTEN

THURSDAY

4 A.M. M	SUNRISE HIKE TO THE KRAFTALM, ITTER
8.30 A.M. M	GUIDED DAY HIKE TO THE BUCHACKER, ANGERBERG
9 A.M. E	PANORAMA E-MOUNTAINBIKE TOUR ZUR MÖSLALM, HOPFGARTEN
10 A.M. 🕒 🐯	FAMILY HIKE WITH BBQ PICNIC, HOPFGARTEN
10 A.M. 🕒 🐯	IN TOUCH WITH NATURE – THE FOREST EXPERIENCE TOUR, HOPFGARTEN
6.30 P.M.	CLIMBING SESSION, WÖRGL
7.30 P.M.	WORKSHOP GREEN COSMETICS, ITTER
7.30 P.M.	SCHLAGER PARTY LARA BIANCA FUCHS, HOPFGARTEN

FRIDAY	
9 A.M. M	GUIDED HIKE TO MÖSLALM, WÖRGL
9 A.M. E	ALPACA HIKE, ANGERBERG
9 A.M. E	NAMASTÉ AT THE LAKE, HOPFGARTEN
9.30 A.M. M	ALPINE HIKE: INTERESTING FACTS ABOUT MILK AND CHEESE, KELCHSAU
1 P.M.	TOUR OF THE DAIRY FARM "NIEDERKASERALM", KELCHSAU
2 P.M. 🕒 🐷	ON THE TRAIL OF NATURE – THE FOREST DISCOVERY TOUR, HOPFGARTEN
2 P.M.	GUIDED TOUR STAPF EXPERIENCE STORE AND PRODUCTION, WÖRGL
2.30 P.M. 😞	HOBBY HORSING AT HIRNBACH HOF, KIRCHBICHL

SUNDAY

SUMMIT JOY, KELCHSAU 8 A.M.

> All details for registration and further information on the individual activities can be found on our website.

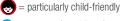
SPRING, SUMMER, AUTUMN

Kitzbüheler Alpen

REGION HOHE SALVE

Information: Region Hohe Salve I T: +43 57507 7000 info@hohe-salve.com









= difficult from approx. 900 m altitude difference (max. walking time 5h)





