

EVERY WEDNESDAY

ADVENTURING:

"Contrabbandieri" exposed path and rappelling

An adventure day. We will walk along the exciting path, used by the smugglers towards Switzerland. From the top we will rappel the rock wall with the rope until the starting point.

Duration: 4 hours (difficulty: medium)

Meeting: 8.00 am at the cable car parking (Via Nazionale, Isolaccia-Valdidentro)

Price: 100 € per person (min. 2 people)

The price includes the Mountain Guide and the mountain equipment rental. It does not include the transfer to the starting point on a toll road. Mountain boots are available for rental.



EVERY THURSDAY

FIRST STEPS ON THE GLACIER

First experience in a glacial environment.

Wearing harness and crampons, we will take our first steps on the glacier.

Duration: 4/6 hours (difficulty: medium/easy)

Meeting: 7 a.m.

Price: 110 € per person (min. 3 people)

The price includes the accompaniment of the Mountain Guide, provision of the harness and crampons. Possibility of boot rental at an agreed price. (Possible use of ski lifts/jeeps are the responsibility of participants).



EVERY FRIDAY

ROCK CLIMBING TRIAL FOR ADULTS AND TEENS

A morning dedicated to those who want to experience the thrill of rock climbing. Recommended for ages 10 and up.

Duration: 2 hours (difficulty: easy)

Meeting: 9:30 a.m. c/o climbing crag

Price: 45 € per person (min. 2 people)

The price includes the 'accompaniment of the Mountain Guide and the provision of helmet and harness. Possibility to rent climbing shoes at an agreed price.



SPECIAL FOR KIDS AND CHILDREN

SMALL CLIMBING WALL: at Bar Oliver

EVERY MONDAY, WEDNESDAY AND FRIDAY: 5 to 7 p.m.

Climbing wall for the younger, followed and supported by the Alpine Guides.

Recommended contribution: 5 € for 3 climbs



ROCK CLIMBING COURSE FOR CHILDREN AND TEENAGERS (8/15 YEARS OLD)

EVERY MONDAY, WEDNESDAY AND FRIDAY: 2 to 4 p.m.

Climbing weekly course on the Alta Valtellina best's cracks, dedicated to childrens from 8 to 15 y.o.. The outings will be held every Monday, Wednesday and Friday afternoon.

Duration: 2 hours

Meeting: will be indicated by the Guide daily

Price: 30 € per person per lesson. (Max 6 person per Guide)

The price includes the Mountain Guide and the mountaineering equipment rental. Climbing shoes available for rental at Celso Sport shop in Bormio.



PRIVATE AND CUSTOMISED ACTIVITIES

We're available to organize private activities with customised packages according to your needs and curiosity, do not hesitate to ask us for a quote.

Some examples of private and customised activities:

- Mountaineering on the most beautiful mountains of Ortles-Cevedale Gran Zebrù, Piccolo Zebrù, Cevedale, Ortles, Tresero, S. Matteo, Giro delle 13 Cime
- Mountaineering on the Bernina Group
- Classic rock climbing in Val di Mello Luna Nascente, Kundalini, Oceano Irrazionale
- Classic rock climbing in Val Masino Spigolo Nord del Badile, Via Cassin al Badile, Spigolo Vinci al Pizzo Cengalo, Spigolo Gervasutti alla Punta Allievi



guidebormio.com

GUIDE ALPINE BORMIO



WEEKLY PROGRAMME SUMMER 2024



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EVERY MONDAY

ROCK CLIMBING TRIAL FOR ADULTS AND TEENS

A morning dedicated to those who want to experience the thrill of rock climbing. Recommended for ages 10 and up.

Duration: 2 hours (difficulty: easy)

Meeting: 9:30 a.m. c/o climbing crag

Price: 45 € per person (min. 2 people)

The price includes the 'accompaniment of the Mountain Guide and the provision of helmet and harness. Possibility to rent climbing shoes at an agreed price.



EVERY TUESDAY

HIKE ON THE "EQUIPPED TRAIL" CAMPO DEI FIORI

This is the most mountaineering trail in all of Bormio. It features exposed equipped sections on the Braulio gorges in a picturesque setting.

Duration: 5/6 hours (difficulty: medium)

Meeting: 8 a.m. c/o Bar Centro Sportivo (via Manzoni, 22 Bormio)

Price: 100 € per person (min. 2 people)

The price includes the 'accompaniment of the Alpine Guide and the rental of harness and helmet. Does not include lunch. Possibility to rent boots at an agreed price.





Weekly activities season:
f rom 17 June to 8 September

EVERY MONDAY

TREKKING & YOGA

For the best start to the week!

Step by step towards awareness, to find a new balance and lots of positive energy. Come discover with our guide the Asanas, Mudras, Pranayama and meditation: yoga is for everyone and is suitable for any body and any age.

Duration: 3 to 4 hours (difficulty: easy)

Meeting: time and location will be provided at the time of registration

Price: 30 € per person (min. 3 people)

The price includes the accompaniment of the Guide. Possibility to rent boots.

EVERY TUESDAY

ADVENTURE HIKES

In search of lost trails.

In the Alta Valtellina area we will take you to discover the less traveled trails to rediscover the fascination of adventure.

Duration: 5/6 hours

Meeting: 09:00 a.m. (location will be indicated at registration)

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

The price includes the accompaniment of the Guide, does not include transportation to the starting point of the hike. Possibility of boot rental at an agreed price.

HIKING AND EXCURSIONS

Every week we organize hikings and excursions, suitable for everyone, to discover the best spots in our valleys

EVERY WEDNESDAY

NATURALISTIC EXCURSIONS

Between glaciological paths, flowers and animals

Discovering Stelvio National Park. Stelvio National Park offers incredible natural scenery where natural and man-made beauties meet. These hikes will allow you to discover, with the help of the attentive gaze of a naturalist, the traces left by the glaciers and the inhabitants of these mountains.

Duration: 5/6 hours (difficulty: easy)

Meeting: 9 a.m. c/o Perego bus station, Bormio

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

The price includes the accompaniment of the Guide, does not include transportation to the starting point of the hike. Possibility of boot rental at an agreed price.

All hikings and excursions will take place with a minimum of 3 persons.

PRIVATE AND CUSTOMISED ACTIVITIES

We're available to organize private activities with customised packages according to your needs and curiosity, do not hesitate to ask us for a quote.

Some examples of private and customised activities:

- Hiking on Lombardy glaciological paths 1 day
- Botanical and etno-botanical hiking 1 day or evening
- Wildlife hiking 1 day or evening
- Historical hiking 1 day
- Il Giro del Confinale from 2 to 3 days
- Le alte Vie di Valtellina e Valmalenco from 2 to 4 days
- I sentieri del Contrabbando (Smuggler Tours) from 2 to 4 days
- L'Alta Via dell'Ortler from 2 to 5 days

EVERY THURSDAY

ADVENTURE EXCURSIONS

Discovering the most wonderful and magical places in our valleys

Magical and little-visited places yet to be explored to the fullest! Let's set off together on this adventure and discover all that nature preciously preserves!

Duration: 5/6 hours

Meeting: 09:00 a.m. (location will be indicated at registration)

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

Price includes the accompaniment of the Guide, does not include transportation to the starting point of the hike. Possibility to rent boots at an agreed price.

SUMMER SPECIAL!

ON REQUEST:

E-BIKE EXCURSIONS

Parco Nazionale dello Stelvio, Gavia, Cancano, Val Viola

CANYONING

Passo dello Stelvio (July and August)



EVERY FRIDAY

TREKKING IN VALDIDENTRO

Discovering the most beautiful corners of Valdidentro, on the paths of Val Viola, Val Lia, Valle di Cancano accompanied by those who live there all year round!

Duration: 5/6 hours

Meeting: 09:00 a.m. (location will be indicated at registration)

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

The price includes the accompaniment of the Guide. Possibility of boot rental.

EVERY SATURDAY

NATURAL HISTORY HIKES

Stelvio National Park as the custodian of incredible natural scenery where natural and man-made beauty meet. These hikes will allow you to discover the traces left by the glaciers, the inhabitants of these mountains and so much history that provides a precious backdrop.

Duration: 5/6 hours

Meeting: 09:00 a.m. (location will be indicated at registration)

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

The price includes the accompaniment of the Guide. Possibility of boot rental.

EVERY SUNDAY

HISTORICAL EXCURSION

Discovering the Great War

Heroic guys on these paths have written history. The Enemy is not only war but harsh winters and innumerable dangers of the Alpine environments. The Mountain is the precious custodian of their captivating and heroic stories: come and discover them with us.

Duration: 5/6 hours

Meeting: 09:00 a.m. (location will be indicated at registration)

Price: 35 € per person (children 6/14 y.o. pay 15 € if accompanied by 1 parent, min. 3 people)

The price includes the accompaniment of the Guide. Possibility of boot rental.