

# Yoga

Indulge in carefully curated yoga sessions designed to restore balance, inspire serenity, and encourage meaningful reconnection.

EVERY TUESDAY & FRIDAY  
from 10:00 am to 11:00 am

Yoga for all levels

Advance reservation required

## PRICING

FREE for Hotel Guests  
CHF 40.- per session for External Guests

## TO RESERVE YOUR SESSION

by phone: +41 79 57 92 478  
by email: [spa@ultima-gstaad.com](mailto:spa@ultima-gstaad.com)

ULTIMA  
HOTEL GSTAAD