





# Something other than skiing!

Looking to do something other than skiing or snowboarding? No problem! We can recommend a wide variety of activities outlined here. You'll be amazed at just how much is going on away from the slopes in our stunning region. Enjoy!

*Your Tourism Association Team,  
St. Anton am Arlberg*

## Walking Trails

**W1** **Rosanna River Walk (24 km):** A moderate walk along the Rosanna river from St. Anton am Arlberg to Flirsch.

**W2** **St. Christoph am Arlberg (3 km):** Ridgeway at 1.800 m. The alpine trail starts at the "Arlbergpasshöhe" at the peak of the Arlberg pass. It leads to the restaurant "Arlberg Thaja".

**W3** **Panorama walk Galzig (1 km):** Winter walking trail on 2.000 m from the "Galzigbahn" mountain station to the mountain station of the "St. Christophbahn".

**W4** **Verwall (10 km):** Follow the "Alte Arlbergstraße" steeply uphill to the "Hotel Mooserkreuz" (recommended with ski bus line no. 3 to the end of "Alte Arlbergstraße"). Now it is possible to walk almost flat to the "Wagner Hütte" or to enjoy the beautiful trail around the "Verwall" lake. This walk is certainly a highlight in your winter vacation.

**W5** **Kunstmeile – Mile of Art (1 km):** A nice walking trail runs from the Arlberg WellCom centre to the cable car station "Nasserein".

**W6** **Around St. Anton am Arlberg (3 km):** From the tourist information St. Anton am Arlberg through the park, pass by the Arlberg WellCom centre and further along the "Kunstmeile" to the cable car station "Nasserein". Before the petrol station "Shell" cross the village road and follow the "Auweg". Go through the underpass, then cross the Rosanna river and follow the "Friedhofsweg" to the train station. Back to

the centre of St. Anton am Arlberg you can use one of the two bridges after the arl.park sports centre.

**W7** **Gallery (3 km):** First, the trail runs parallel to the Rosanna River Walk, later slightly uphill to the ventilation shaft of the Arlberg road tunnel. Now you have a magnificent view over St. Jakob am Arlberg. The end is connected to several winter walking trails.

**W8** **Thony's (7 km):** Walk along the "Kunstmeile" to the cable car station "Nasserein". Then uphill until the "Nassereinerstraße" ends. Now follow the toboggan run (200 m difference in altitude). Enjoy a wonderful view over St. Anton am Arlberg and the "Stanzertal" valley.

**W9** **Jakobusweg trail (3 km):** Constant ups and downs. On the sunny side of the "Stanzertal" valley you can walk partly on the famous "St. James pilgrim route" to St. Jakob am Arlberg. Connections to other trails are possible. Only with good shoes walkable - partly footpath!

**W10** **Ganderau (3 km):** Flat circular walking trail in the area of St. Jakob am Arlberg to the "Landschaftspark Ganderau" with connection to the "Vadiesenweg" which leads to Pettneu am Arlberg.

**W10** **Vadiesen "On the way of St. James" (2 km):** Easy walk between the district "Vadiesen" in Pettneu and St. Jakob am Arlberg with connection to St. Anton am Arlberg on the "St. James pilgrim route".

**W21** **Nessler Trail to the "Gasthof Almfrieden" (6 km):** The walk starts at the tourist information in Pettneu am Arlberg and leads past the "Raiffeisen" bank, left along the village road and left again along the forest trail to "Gasthof Almfrieden" (restaurant). Here you can enjoy the magnificent view over the "Stanzertal" valley. "Loops" were built as an alternative and also for snowshoe walks.

**W22** **Pettneu Zeinsbach (1 km):** Connection hike from the district "Reit" to the Zeinsbach river in the center of Pettneu am Arlberg with connection to the Rosanna River Walk.

**W23** **Roman Road Pettneu – Reit – Schnann (3 km):** A forest trail branches off to the right, just east of the St. Sebastian Chapel in Pettneu am Arlberg and leads on a sunny, flat circuit through the district "Reit". After crossing the main road, the route leads to the village of Schnann. Alternative: Walk back along the "Rosanna River Walk".

**W24** **Reit (2 km):** The flat, sunny circular trail leads around the district "Reit", east of Pettneu am Arlberg.

**W30** **Bergwald Trail (6 km):** The light forest path leads from the district "Bach" in Flirsch, pass by the Pub-Café "Fuxloch", in a westerly direction to Schnann "Althaus". Return via the village road or the "Seelenzoll" to the Rosanna River Walk.

Alternative: From the branch-off "Ansbacher Hütte" a path leads over the district Weidach back to Flirsch.

**W31** **Pond Egger Weiher (2 km):** Starting from the district "Kramategg" in Strengen a forest trail leads to the "Egger Weiher", a naturally formed water above the village. Back down on this route you can enjoy a toboggan run - in appropriate conditions.

**Further information on:**  
[maps.stantonamarlberg.com](#)



## Cross Country Ski Trails

With the exception of the first 2 km of the Stanzertal trail, all cross country ski trails are groomed for classic cross country and skating (free style). There is also a separate trail only for skating, south side of the Rosanna, starting in St. Jakob to Schnann.

**L1** **Trail Stanzertal (22 km):** From the trail start at the recycling center in St. Anton am Arlberg, the trail Stanzertal always leads gently sloping along the Rosanna river, with entry points in all villages of our holiday region, to Flirsch and back again. We ask for caution in a blind bend shortly after the first kilometers!

**L2** **Trail St. Christoph (2.5 km):** Circuit at 1.800 m. Short ascents and descents. Good meeting point with alpine skiers on one of the sun terraces of St. Christoph am Arlberg.

**L3** **Trail Verwall (10 km):** At the Arlbergstraße the Verwallweg branches off opposite the hotel Mooserkreuz, where the start is after 200 m. The trail leads through the romantic Verwall valley and surrounds the lake Verwallsee. Demanding, scenic trail. Constant change between ascents and descents. In narrow sections where there is only one classic trail, we kindly ask skaters to be considerate. Stop for a rest in the "Wagner Hütte".

**L4** **Trail Ganderau (3 km):** Easy trail, ideal for beginners and inexperienced. The start is on the eastside of the hotel Tirolerhof or at the fire department in St. Jakob am Arlberg.

**L5** **Trail football field Pettneu with night cross-country skiing (2 km):** Easy, flat trail from the Wellnesspark Arlberg Stanzertal in Pettneu am Arlberg westwards, through the Rosanna stadium at the football field. Night cross-country skiing with floodlight: from December until March, every Monday and Friday from dusk.

**L6** **Trail Pofel (1.5 km):** In Pettneu am Arlberg, east of the Wellnesspark Arlberg Stanzertal between the Rosanna river and the expressway, with ascent and descent.

**L7** **Trail Reit (2 km):** Easy, flat circuit, located east of Pettneu am Arlberg, with connection to the Stanzertal trail. Ideal for training.

You will find the daily updated cross country report on:  
[www.stantonamarlberg.com/en](#)

**Further information on:**  
[maps.stantonamarlberg.com](#)



Imprint

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Images: TVB St. Anton am Arlberg: Patrick Bätz (winter hiking, cross country, huskies, tobogganing), flightconnection arlberg (tandem paragliding), arl.park (sports and leisure center), Arlberg WellCom, West Werbeagentur (museum and art galleries)

Subject to alteration! All details are without guarantee!

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## Sled Dog Experience

As a welcome, everything about the sled dogs and the sled dog sport is told. Then 6–7 huskies are harnessed and each participant can take turns sitting on the sledge for one ride. Finally, the dogs can be petted, fed and watered under supervision.

**Participants:** 10 – 12 persons  
**Minimum age:** 5 years  
**Dates:** Friday mornings  
**Equipment:** normal winter clothing, gloves, warm shoes and in case of snow/wind a pair of goggles  
**Duration:** approx. 2 hours  
The waiting participants are kept warm in the trapper camp with drink, at the fire bowl.

**ALTERNATIVE PROGRAMME**  
If there is insufficient snow or for safety reasons there will be a switch to the alternative programme (this can also be a last-minute decision on the day of the excursion!) Instead of the sledge ride, there will be a husky hike with the dogs. All adults are given a belly belt and a special pull cord to connect directly with the dogs. The route is simple. Children up to 15 years old lead a dog only when accompanied by an adult.

**RATES**  
€ 100,00 adults from 12 years  
€ 70,00 children from 5 to 11 years  
Spectators in the trapper camp € 20,00 per person  
**PRICES ALTERNATIVE PROGRAMME**  
Adult € 50,00 instead of € 100,00  
Child € 25,00 instead of € 70,00

**Contact:**  
Wild Paws Adventures, Tuffweg 12, 6522 Prutz  
T. +43 (0)664 230 05 92  
info@wildpaws.at  
[www.wildpaws.at](#)

## Horse-drawn sleigh rides

Wednesday and Thursday: noon | 2.00 pm | 4.00 pm  
Additional sleigh rides on request.  
**Duration:** approx. 2 hours

Sleigh rides only possible on request.

Meeting point: Verwall junction - opposite Hotel Mooserkreuz

**RATES**  
€ 250,00 for 1 to 4 persons  
€ 50,00 for each additional person

**Contact:**  
Ehrensperger Fritz  
T. +43 (0)664 337 58 00 or +43 (0)664 163 55 34  
frtiz@postkutscherhof.com  
[www.roesslwirtin.at](#)

## Toboggan Runs

**R1** **Lighted 4.3 km long toboggan run from the Gampen to the valley to Nasserein.** Open from noon – 4.15 p.m.\* Ascent: via Nassereinbahn. The costs for using the "Nassereinbahn" (during the day) are included in a valid ski pass.

**EVENING TOBOGGANING**  
Appointments and further information:  
[www.arlbergerbergbahnen.com](#)

**THONY'S**  
Opening hours:  
10.00 am – 6.00 pm daily, special opening hours on tobogganing evenings organized by Arlberger Bergbahnen, as well as open every Thursday until 10.00 pm – transfer with Rodelexpress shuttle possible.  
**Reservations under:**  
thony@thonyys.at, T. +43 (0)5446 42 60 08 88

**GROUP REQUESTS FROM 20 PERSONS**  
- STANTON RODLER ARGE/GESNBR  
Jeffrey Swanson, T. +43 (0)680 123 02 04, swanson@aon.at

**Further information on:**  
[www.arlbergerbergbahnen.com](#)

**ADDITIONAL TOBOGGAN RUNS**

**R2** **Pettneu am Arlberg:** Nessler, 3 km  
**R3** **Schnann:** Klammbach, 200 m – floodlit  
**R4** **Flirsch:** Kohlwald, 500 m – floodlit  
**R5** **Strengen:** Egger Weiher, 1 km

\*Please pay attention to the current avalanche risk, warning signs and lift closing times! Contact: Arlberger Bergbahnen T. +43 (0)5446 23 520

## Snow Shoe Walking

**SNOW SHOE RENTAL**  
**Alber Sport,** Dorfstraße 15, T. +43 (0)5446 34 000  
**Intersport Arlberg,** Dorfstraße 1, T. +43 (0)5446 34 533  
**Jennewein Sport 2000,** Dorfstraße 2, T. +43 (0)5446 2830  
**Sport Pete,** Dorfstraße 17, T. +43 (0)5446 371 03 00  
**Ski-West,** Alte Arlbergstraße 3, T. +43 (0)5446 2176  
**Sport Matt,** Dorf 150, 6574 Pettneu am Arlberg, T. +43 (0)5448 8435

Ski schools offer snow shoe walking tours.  
More information is available here:  
[www.stantonamarlberg.com/en](#)

## Tandem Paragliding

**TANDEMSKY**  
**Flights in St. Anton am Arlberg:**  
Total duration: approx. 1.5 hours  
Flight time: approx. 15 minutes  
max. altitude: 2.100 – 2.300 m

**Thermal flight:**  
Total duration: approx. 2 hours  
Flying time: approx. 30 min, max. altitude: 2.600 - 2.800 m  
Thermal flights are more demanding in terms of flying weather and are possible from mid-February onwards, from approx. 12.00.

**Panorama flight:**  
Total duration: approx. 2 – 2.5 hours  
Flight time: approx. 1 hour, max. altitude: 2.800 – 3.300 m.  
Recommended for sporting enthusiasts with some flying experience. This ultimate altitude flight requires perfect weather conditions and is not possible every day. We advise you to wear warm clothes!

**Contact:**  
T. +43 (0)664 141 51 66, [pezimo@gmail.com](#)  
[www.tandemsky.at](#) or [b.tandemsky.at](#) (online booking)

**PARAPOWDER**  
Flying, climbing and skiing. Explore the mountains in a new dimension.  
**Further information on:** [www.parapowder.at](#)

**TANDEM FLIGHTS ARLBERG AIR**  
Year-round tandem flights on the Arlberg from € 200.00 per person including filming and photography. Weight range of the flight passenger from 30 kg to 130 kg possible. Flights with up to four pilots simultaneously and in parallel with friends over the Arlberg.  
**Contact:**  
T. +43 (0) 681 107 582 51, [arlbergair@gmail.com](#)  
[www.arlbergair.com](#)

## Sun Subscription Arlberg

This weekly pass for guests without winter sport equipment is valid for the main lifts and cable cars on 7 consecutive days. Enjoy the Arlberg mountain scenery! **Tickets available at all ski pass ticket offices!**

**Valid for the following lifts and cable cars:**  
Galzig-, Gampen-, Nasserein-, Vallugabahn I and II, Kapall-, Rendl-, St. Christophbahn, Zugerberg, Rüfikopf, Schlegelkopf, Schlosskopf, Bergbahn Oberlech (up to 6.00 p.m.), Peetersboden, Weibermahd, Seekopf, Trittkopf I and II, Zürsersee, Flexenbahn, Sonnenkopfbahn.

**Further information on:** [www.skiarlberg.at](#)

## arl.park Sports and Leisure Center

**TRAMPOLINE**  
The indoor trampoline park with 14 eurotramp high-performance fields, bagjump airbag with freefall tower, bungee trampoline, airtrack floor, basketball area and more offers endless fun for all ages on 1000 m².

**CLIMBING 920 M²**  
With around 100 indoor and outdoor routes and levels of difficulty from 3 to 8 (French level). The new interactive climbing wall from Clift Climbing offers the right challenge for young and old. 3 self-belay devices make it possible to master the 15m height without prior knowledge. If you want to train on your own, you can try the self-belay devices on over 50 routes.  
**BOULDERING 130 M²**  
Bouldering on spray walls or according to routes in different levels of difficulty up to the grotto for experts. Now with a new training room to train specific movements or to strengthen your body.  
**9PIN BOWLING & SPORTS BAR**  
Don't miss any more sporting highlights, we broadcast the most important sporting events live in our sports bar. In addition to billiards, darts and table football, the four 9-pin bowling lanes are perfect for a cozy family afternoon or an evening with your friends. In addition to our delicious snacks, we offer a variety of refreshing drinks.  
**TENNIS AND MULTIPURPOSE COURT**  
The tennis court invites you to a match in singles or doubles. The large glass facade brings a lot of light into the hall and gives the game a certain outdoor flair. The site can also be booked as a multi-sports site. It is quickly converted and can therefore be used for many sports. Tennis, volleyball, table tennis, badminton, ... a lot is possible! The ideal alternative for groups.

**SQUASH BOX**  
Squash and table tennis. The squash hall offers a sports unit for all those who want a fast ball sport activity. In addition, the squash box can be used as table tennis court and offers ultimate fun in singles, doubles or in a group.

**Contact:**  
T. +43 (0)660 99 88 066  
info@arlpark.at  
[www.arlpark.at](#)

## Climbing Hall Flirsch

**CLIMBING HALL IN FLIRSCH'S ELEMENTARY SCHOOL**  
This 80 m² climbing wall can be adjusted according to requirements and is supervised by trained staff. Bouldering at all levels of difficulty is possible for beginners and experts. The wall is a great platform for training in winter and ideal for children and beginners as there is hardly any risk of injury due to a 30 cm thick protective mat.

## Arlberg WellCom

**WELLNESS**  
**Swimming pools:** Indoor pools with connected egg-shaped outdoor flume, outdoor lap pool, children's pool.  
**Sauna area:** Finnish sauna, keto-sauna, sanarium, steam room, herb sauna.

**OUTDOOR FACILITIES**  
Ice skating rink, curling lanes

**ADDITIONAL FACILITIES**  
Fitness studio, massage, solarium

**Contact:**  
Arlberg WellCom  
Centre for Wellness and Communication  
6580 St. Anton am Arlberg, Tel. +43 (0)5446 4001  
[wellness@arlberg-wellcom.at](#), [www.arlberg-wellcom.at](#)

## Ice Skating Rink & Curling

**at the ARLBERG WELLCOM CENTRE**  
Reservation T. +43 (0)5446 4001

**Curling:** Reservations necessary!

**Further information on:** [www.arlberg-wellcom.at](#)

## WellnessPark Arlberg Stanzertal

**RELAXATION AND SPORTS**  
350 m² water surface, 25 m pool, children's pool, massage jets, solarium and relaxation room.

**THE ULTIMATE WELLNESS EXPERIENCE**  
Finnish sauna, aromatic steam bath, steam bath, multifunctional shower, sanarium, crash ice cave, heated benches, infrared cabin, cold and warm resting rooms, massages.

**Opening hours:**  
Please find the actual opening hours here:  
[www.wellnesspark-arlberg.at](#)

**Contact:**  
T. +43 (0)5448 22 276,  
[www.wellnesspark-arlberg.at](#),  
info@wellnesspark-arlberg.at, Hnr. 235c,  
6574 Pettneu am Arlberg

## Museum and Art Galleries

**MUSEUM**  
Visit the Museum St. Anton am Arlberg! Learn about the invention and the development of skiing, explore the history of St. Anton am Arlberg. Hearonymus-App (free of charge) in German, English, French and Italian.

**Opening hours:** daily open from noon onwards

**Further information on:** [www.museum-stanton.com](#)

**ART ROOM IN PETTNEU AM ARLBERG**  
The Art Room's Slogan: "Culture is what we share". These words by Peter Sellar are an apt description for the work of the Art Room Assoc. In Pettneu am Arlberg. Food for thought: walk through the internal rooms over the ramp and take in the architectural design of the walls, the asphalt flooring; the passageways with floor spots under the large table with light slots on the side; and both garden areas with the giant table. Visit the Art Room and discover how people in Pettneu am Arlberg and Tyrol lived and worked in the past.

**Contact:**  
Dorf 151, 6574 Pettneu am Arlberg,  
ku.tschiderer@tsn.at  
Art Room telephone: +43 (0)664 737 877 84

**Opening hours:** every Thursday and Saturday from 6.00 – 7.30 pm, Sunday from 4.00 – 6.00 pm or by telephone arrangement.

**Further information on:** [www.kunstraum-pettneu.at](#)

**ART-BOX – GALLERY IN THE SPORHOTEL**  
Gallery for contemporary art:  
"Human cannot live by snow alone!"

**Contact:**  
T. +43 (0)664 40 15 595, Sporthotel St. Anton,  
Dorfstraße 48, [www.art-box-st-anton-am-arlberg.at](#)

**Opening hours:**  
Tuesday, Wednesday, Friday and Saturday 4.00 – 7.00 pm, or call for appointments at any time

## Escape Room

Team Work. Communication. Lateral thinking. The first Escape Games on the Arlberg. The puzzles can be mastered with brains, imagination, skill, logic and a good power of deduction. The common challenge is to solve the puzzles within one hour.

**Contact:**  
Marktstraße 2, 6580 St. Anton am Arlberg,  
T. +43 (0) 676 96 19 738, info@arlbergescapes.com,  
[www.arlbergescapes.com](#)

## Yoga

Yoga classes for beginners and advanced. You can get the list of yoga teachers in the information office. Please contact the teachers directly.

**Contact:**  
T. +43 (0)5446 22690, info@stantonamarlberg.com,  
[www.stantonamarlberg.com](#)

## Bus info

**VILLAGE BUS ST. ANTON AM ARLBERG**  
**(Line 1-5 free of charge, Line 6 fare required)**  
City bus „AntOOn“ (Line 1)  
St. Jakob am Arlberg (Line 2)  
Mooserkreuz (Line 3)  
Nasserein (Line 4)  
Untergand (Line 5)  
Verwall (Line 6)

**VILLAGE BUS STANZERTAL (FREE OF CHARGE)**  
Landeck (Line 4242)  
Flirsch-Schnann (Line 8)  
Pettneu am Arlberg Wellnesspark (Line 9)  
Strengen (Line 4242 with Regio card of the landlords from 07.54 a.m. to 07.35 p.m. free of charge)

**PUBLIC BUS (FARE REQUIRED)**  
Landeck (Line 4242)  
Lech (Line 760 for guests from St. Anton am Arlberg to St. Christoph am Arlberg or from St. Christoph am Arlberg to St. Anton am Arlberg free of charge)

**NIGHT BUS (FARE REQUIRED)**  
St. Jakob am Arlberg (Line 2)  
Mooserkreuz (Line 3)  
Nasserein (Line 4)  
St. Christoph am Arlberg (Line 4243)  
Stanzertal (Line 4243)

**NIGHT CITY BUS „ANTOON“ (FREE OF CHARGE)**  
The bus offers service to the taxi areas and night buses (runs through the pedestrian zone).

**Timetables are available in the information offices of St. Anton am Arlberg, Pettneu am Arlberg, Flirsch and at the Service Center St. Anton am Arlberg. You can also find them at [www.stantonamarlberg.com](#)**

<b>TAXI, BUS OPERATORS</b>	
<b>Arlberg Express</b>	T. +43 (0)5582 226 (airport transfer)
<b>Four Seasons Travel</b>	T. +43 (0)512 58 41 57 (airport transfer)
<b>Tyroltours / Spiss Reisen</b>	T. +43 (0)5446 3361
<b>Taxi Centrale St. Anton</b>	T. +43 (0)660 69 69 609
<b>Der Antoner</b>	T. +43 (0)5446 42 555
<b>Hallo Taxi</b>	T. +43 (0)664 38 31 670
<b>Taxi Miki</b>	T. +43 (0)660 69 69 609
<b>Taxi Anton</b>	T. +43 (0)664 93 06 626
<b>Taxi Kössler Michael</b>	T. +43 (0)664 53 72 106
<b>Taxi Lami</b>	T. +43 (0)5446 2806
<b>Taxi Matthias</b>	T. +43 (0)660 44 00 020
<b>Taxi Miro</b>	T. +43 (0)5446 42 542
<b>Taxi Weko</b>	T. +43 (0)665 652 242 22
<b>Taxi Zangerl</b>	T. +43 (0)664 92 79 502
<b>Flow Taxi</b>	T. +43 (0)660 44 44 030
<b>Alpentaxi, Pettneu</b>	T. +43 (0)664 751 361 80
<b>The Taxi</b>	T. +43 (0)676 44 17 350