

st. Anton   
ARLBERG

A photograph of two hikers walking along a rocky mountain ridge. The hiker on the left is wearing a blue shirt and shorts, and the hiker on the right is wearing a red shirt and shorts. They are both carrying backpacks. The background features a vast, rugged mountain range with steep, rocky slopes and patches of snow or ice. The sky is a clear, bright blue with a few wispy white clouds.

# Mountain Summer

TOURS, ACTIVITIES,  
INFORMATION

Allow our magical natural landscapes and the most beautiful places on the Arlberg to weave their enchanting spell over you.

Enjoy the beautiful hiking trails and cycling tours around St. Anton am Arlberg and savour beautiful summer days in the mountains.



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*“All people will perceive,  
that on high mountains,  
where the air is pure and thin,  
one breathes more freely,  
one’s body feels lighter,  
one’s spirit is more serene.”*

*– Jean-Jacques Rousseau*



# Hiking

wåndara

Interactive hiking map:



[maps.stantonamarlberg.com](https://maps.stantonamarlberg.com)



**Dawinalm** ●

**Start:** Strengen Church  
**Bus:** Public bus no. 4242  
**Catering:** Dawinalm  
**Distance:** ca. 6.5 km to Dawinalm  
**Duration:** ca. 3 hrs to Dawinalm

Walk through the village to the district of Hof first. From there, follow signs to the Dawinalm. Alternatively, you can take the path through the Obweg district to the alp. Strenger Skihütte is only a few metres away. If you keep walking uphill to the "Großer See" (lake), your efforts will be rewarded with wonderful views of the surrounding mountains.

**Fritzhütte and Ansbacher Hütte** ●

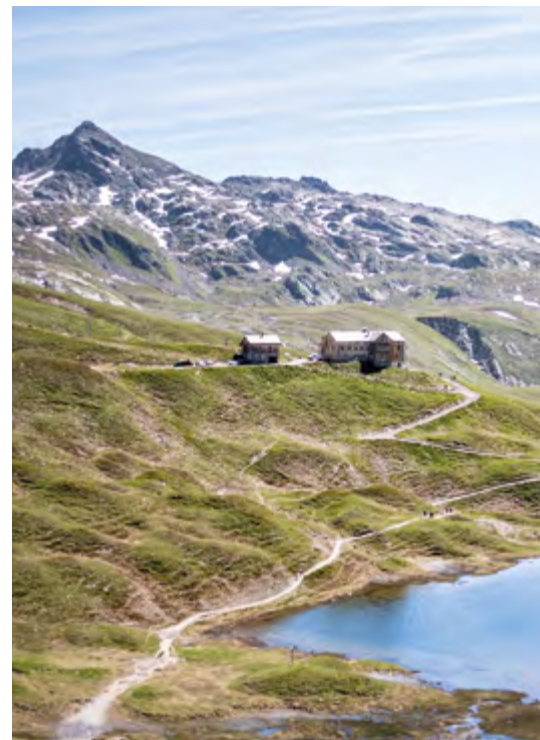
**Start:** Flirsch Church  
**Bus:** Public bus no. 4242  
**Catering:** Fritzhütte, Ansbacher Hütte  
**Distance:** ca. 3.5 km to Fritzhütte, ca. 6 km to Ansbacher Hütte  
**Duration:** ca. 2 hrs to Fritzhütte, ca. 3.5 hrs to Ansbacher Hütte

Walk in a north-westerly direction from the church in Flirsch along the "Bergwaldweg" mountain forest trail to the turnoff towards Fritzhütte/Ansbacher Hütte. After a sharp left turn, the narrow path leads up to the Fritzhütte. The trail leads initially through a pine forest and later through gravelly terrain. After the steep ascent, an idyllic mountain lake not far from the hut invites you to take a rest. From the Fritzhütte, the trail leads across mountain meadows and later up to the Ansbacher Hütte. Take the same trail back to Flirsch for the return journey, or walk through the impressive Schnanner Klamm (Gorge) to Schnann. The Ansbacher Hütte is located along the "Adlerweg - Eagle Walk" and "Lechtaler Höhenweg - Lech High Trail."

**Ganatschalm** ●

**Start:** OMV petrol station in Schnann or Flirsch Church  
**Bus:** Public bus no. 4242  
**Catering:** Ganatschalm  
**Distance:** ca. 5 km to Ganatschalm, ca. 7 km to Mittagsspitze  
**Duration:** ca. 2.5 hrs to Ganatschalm, ca. 5 hrs to Mittagsspitze Peak

Behind the OMV petrol station in Schnann, follow signs to Ganatschalm. Hikers can take numerous shortcuts through the forest. Alternatively, you can start in Flirsch. Walk through the village and along the Rosanna River, on the road towards Gampernalm. The trail leads to the idyllic Mösli nature reserve. A well-marked trail leads up to the Ganatschalm, from where you can continue your ascent to the Mittagsspitze Peak (2,635 m).

**Heilbronner Hütte** ●

**Start:** St. Anton am Arlberg, Mooserkreuz  
**Bus:** Mooserkreuz 3 village bus  
**Catering:** Wagner Hütte, Konstanzer Hütte, Heilbronner Hütte  
**Distance:** ca. 5 km to Wagner Hütte, ca. 10.5 km to Konstanzer Hütte, ca. 19 km to Heilbronner Hütte  
**Duration:** ca. 1 hr to Wagner Hütte, ca. 3.5 hrs to Konstanzer Hütte, ca. 7 hrs to Heilbronner Hütte

The hike through the Verwall Adventure Valley leads to the beautiful Lake Verwallsee, with playground and barbecue area. From the Salzhütte (Verwall bus no. 6), the tour can be continued along the wide hiking trail to the Konstanzer Hütte. From there, turn right onto the forest road into Schönverwall and follow the Rosanna River to the Schönverwall Hütte (closed for business). Now follow the hiking trail to the crossroads, climbing steeply to the right past the "Scheid" lakes to the beautifully situated Heilbronner Hütte.



### Kaltenberghütte ●

**Start:** St. Christoph am Arlberg  
**Bus:** Public bus no. 760  
**Catering:** Kaltenberghütte  
**Distance:** ca. 9 km to Kaltenberghütte,  
 ca. 7 km to Maroiköpfe Peak  
**Duration:** ca. 4 hrs to Kaltenberghütte,  
 ca. 3 hrs to Maroiköpfe Peak

St. Christoph am Arlberg is the starting point for this wonderful hike, behind Gasthof Valluga. At the Albona lakes, follow signs towards the Bergegeistweg trail. After the Albonagrät mountain station, you can take a detour to Maroiköpfe Peak (1,905 m). Then follow the path to the Kaltenberghütte. Return via the Paul-Bantlin trail, past the Arlberg Tunnel ventilation tower and the Albonaseen Lakes to St. Christoph am Arlberg. Alternatively, you can hike to Stuben or to Alpe Rauz.



### Malfonalm and Edmund-Graf-Hütte ●

**Start:** Pettneu am Arlberg Information Office  
**Bus:** Public bus no. 4242  
**Catering:** Malfonalm, Edmund-Graf-Hütte  
**Distance:** ca. 4.5 km to Malfonalm,  
 ca. 7.5 km to Edmund-Graf-Hütte,  
 ca. 10 km to Hoher Riffler  
**Duration:** ca. 2 hrs to Malfonalm,  
 ca. 4 hrs to Edmund-Graf-Hütte,  
 ca. 6.5 hrs to Hoher Riffler

From the Information Office, the route heads into the beautiful Malfon valley. The trail leads up to the alpine farm through forest at first, and later over green alpine meadows. Hikers can take some shortcuts through the meadows. The tour can be continued to the small Malfonteich (pond). Along the way, the trail branches off in the direction of Edmund-Graf-Hütte. Overnight stays are possible in summer, for example to climb the Hoher Riffler Peak (3,168 m) or to hike the Verwallrunde a long-distance hiking trail.



### Konstanzer Hütte ●

**Start:** St. Anton am Arlberg, Mooserkreuz  
**Bus:** Mooserkreuz 3 village bus  
**Catering:** Wagner Hütte, Konstanzer Hütte  
**Distance:** ca. 5 km to Wagner Hütte,  
 ca. 10.5 km to Konstanzer Hütte  
**Duration:** ca. 1 hr to Wagner Hütte,  
 ca. 3.5 hrs to Konstanzer Hütte

The hike through the Verwall Adventure Valley leads to the beautiful lake with playground and barbecue area. From the Salzhütte (bus no. 6 Verwall), the tour can be continued along the wide hiking trail to the Konstanzer Hütte. During the hike, you are constantly accompanied by wonderful views of the striking Patteriol (3,056 m), which towers behind the hut.

**Alternately:** Walk through the Rosanna (Gorge) into the Verwall Valley. The return journey can also be made at a similar elevation level to the Wagner Hütte, through Satteld Forest and the Moostal valley.



### Nessleralm ● and Kaiserjochhaus ●

**Start:** Pettneu am Arlberg Information Office  
**Bus:** Public bus no. 4242  
**Catering:** Almfrieden, Nessleralm,  
 Kaiserjochhaus  
**Distance:** ca. 4–5 km to Nessleralm,  
 ca. 8 km to Kaiserjochhaus  
**Duration:** ca. 1.5–2 hrs to Nessleralm,  
 ca. 4 hrs to Kaiserjochhaus

Hikers can choose from a variety of trails to Nessleralm, the more leisurely route of which is along the forest trail. Alternatively, there are the beautiful paths over the Hundskopf or Stöcklweg, the Franz-Kurz-Weg, which leads past the idyllically situated Hirschenbad or the route over Kalvarienberg with its small chapel. Hikers are repeatedly rewarded with wonderful views of the Hoher Riffler (3,168 m) and the Eisenspitze Peak (2,859 m). It is also worth visiting the Alte Nessler Thaja, which is not far from the alpine farm. From Nessleralm, the hike can be continued to Kaiserjochhaus.



### Putzenalm and Leutkircher Hütte ●

**Start:** St. Anton am Arlberg Information Office

**Bus:** St. Jakob 2 village bus

**Catering:** Putzenalm, Nessleralm, Leutkircher Hütte

**Distance:** ca. 4.5 km to Putzenalm, ca. 10 km to Nessleralm, ca. 6.5 km to Leutkircher Hütte

**Duration:** ca. 2 hrs to Putzenalm, ca. 4 hrs to Nessleralm, ca. 4 hrs to Leutkircher Hütte

Walk through the Nasserein district to the bridge over Schönggrabenbach stream. From there, walk uphill along the wide forest path, which leads upwards in a series of winding bends. Alternatively, you can turn right onto the forest path at the first water catchment. The route leads uphill initially along a wide path, which later branches off onto a narrow path. You can return via St. Jakob, or along the wide forest path.

Once at Putzenalm, it is well worth walking up and over the Walcherer Höhe to Nessleralm or to Leutkircher Hütte.



### Thony's (Rodelalm), Sonnenweg Trail ●

**Start:** St. Anton am Arlberg Information Office

**Catering:** Thony's, Museum

**Distance:** ca. 6 km for the whole circuit

**Duration:** ca. 2 hrs for the whole circuit

This easy hike runs just above St. Anton am Arlberg and offers beautiful views of the village and the Stanzertal Valley. To start with, the path leads through the district of Nasserein and into the forest. Along the way, it is worth making a detour to Schlosskopf Chapel or to Thony's. The narrow sunny path leads to the Moos district underneath chairlifts and cable cars. From here it takes you through Mühltoibel Gorge, past the museum and back to St. Anton am Arlberg. The Sonnenweg Trail can also be walked in the opposite direction.



### Rendlalm, Alpenrosenweg (Alpine Rose Trail) ●

**Start:** St. Anton am Arlberg Information Office or Rendl cable car mountain station

**Cable car:** Rendlbahn

**Catering:** Rendl-Restaurant or Rendlalm

**Distance without gondola:** ca. 10 km each way to Zwölferkopf Peak or Rendlalm

**Duration without gondola:** ca. 4 hrs to Zwölferkopf Peak, ca. 4 hrs to Rendlalm

**Distance with gondola:** ca. 5 km each way to Zwölferkopf Peak or Rendlalm

**Duration with gondola:** ca. 2 hrs to Zwölferkopf Peak, ca. 2 hrs to Rendlalm

Starting from St. Anton am Arlberg, walk through the Moostal Valley or catch the Rendlbahn cable car to the top, where the Alpenrosenweg trail begins in the direction of the Rendlalm. In early summer, the path is strewn with thousands of alpine roses. If you fancy, you can climb up to Zwölferkopf Peak (2,556 m) along the way. Follow the road to St. Jakob. for the return journey. Hikers can later branch off onto the Erzherzog-Eugen Trail in the direction of St. Anton am Arlberg.



### Sennhütte, Mühltoibel Gorge ●

**Start:** St. Anton am Arlberg Information Office

**Bus:** Mooserkreuz 3 village bus

**Catering:** Sennhütte, Museum

**Duration:** ca. 1.5 km through Mühltoibel Gorge

**Duration:** ca. 30 mins through Mühltoibel Gorge

The Sennhütte and WunderWanderWeg (Wonder Walking Way) are located in the Moos district. This popular excursion destination offers exciting and informative facts about nature and the world of herbs for the whole family. The tour through the alpine flower and herb garden is particularly interesting. The trail leads from St. Anton am Arlberg Information Office towards the museum and on through Mühltoibel Gorge to the Sennhütte, where the WunderWanderWeg starts. Alternatively, you can walk from the top station of Galzig cable car station via the Maiensee to the Sennhütte.



### Tritschalm ●, Rossfallalm ● and Darmstädter Hütte ●

**Start:** St. Anton am Arlberg Information Office

**Catering:** Tritschalm, Rossfallalm, Darmstädter Hütte

**Distance:** ca. 6.5 km to Tritschalm, ca. 7 km to Rossfallalm, ca. 12.5 km to Darmstädter Hütte

**Duration:** ca. 2 hrs to Tritschalm, ca. 2.5 hrs to Rossfallalm, ca. 5 hrs to Darmstädter Hütte

A beautiful route leads from the Information Office to the Moostal Valley. Walk either on the wide road, or along the narrow "Moostalweg Trail" at the beginning. Passing the Tritschalm and Rossfallalm, the route leads on to Lake Kartellsee. The tour can be shortened by using Rendlbahn cable car for the ascent. From the top, hikers can also walk along the Riffel High Trail to Rossfallalm. From Lake Kartellsee, hiking trails and a road lead up to the imposing Darmstädter Hütte, which is part of the Verwallrunde long distance hiking route.



### Mystical Verwall ●

**Start:** St. Anton am Arlberg, Mooserkreuz

**Bus:** Mooserkreuz 3 village bus

**Catering:** Wagner Hütte

**Distance:** ca. 5 km to Wagner Hütte

**Duration:** ca. 1–2 hrs to Wagner Hütte

When a mighty worm holds the key to "The Treasure of Arlen", the "Witch of Stiegenegg" leaves a striking impression in a rock, the "Schnanner Drajer" orders trees to walk in single file and the "Husband's Ghost" finally calms down, it is time for magical myths in the Verwall Valley. These ancient fables from the region have been brought to life with natural materials at four interactive sites. Giant books along the wayside tell stories to adventurers of all ages at places where the happenings originally occurred, so they can be experienced at first hand again, in the truest sense of the words. The hike through the Verwall Adventure Valley can be continued to the Wagner Hütte and Lake Verwallsee.



### Ulmer Hütte ●

**Start:** St. Anton am Arlberg Information Office

**Cable car:** Galzigbahn

**Catering:** Sennhütte, Ulmer Hütte, Galzig-Restaurant

**Distance:** ca. 6 km to Ulmer Hütte

**Duration:** ca. 3 hrs to Ulmer Hütte

The trail leads from the Information Office towards the museum and on through Mühl-tobel Gorge to the Dengert district. Pass the Sennhütte and follow the ski trail upwards into the Steissbachtal Valley. Once at the Arlen-sattel Ridge, the steep ascent to the Ulmer Hütte begins. The return walk can be made along the same path, or alternatively along the „Mutspuren – Feel the Courage" panoramic trail to the mountain station of Galzig cable car. From there, hikers can take the gondola back down to the valley.



### Maienweg ●, WunderWanderWeg ●

**Start:** St. Christoph am Arlberg

**Bus:** Bus no. 760

**Catering:** Sennhütte

**Distance:** ca. 6 km to Sennhütte

**Duration:** ca. 2 hrs to Sennhütte

The Maienweg starts in St. Christoph am Arlberg and leads to Sennhütte and to WunderWanderWeg (Wonder Walking Way) – a gigantic alpine flower and herb trail with 15 gardens and around 1,000 plants. A tree house and Kneipp basin are just waiting to be discovered. The WunderWald (Forest of Wonder) invites you to take a stroll, with around 15 stops to reflect and relax. The Edelweiss Trail is home of the world's largest edelweiss flower, with over 107,000 edelweiss blossoms! You can also observe and even stroke the animals in the goat and rabbit hut, herbal tours or baking bread together can be booked. Both ways can be walked as well from St. Anton am Arlberg.



### Ancient Views of Flirsch ●

**Start:** Flirsch Church

**Bus:** Bus no. 4242

**Catering:** Restaurants and cafés in Flirsch

**Distance:** ca. 4,5 km for the whole round walk

**Duration:** ca. 2 hrs for the whole round walk

Venture on a little journey through time along the themed trail, "Ancient Views of Flirsch", where visitors can learn interesting facts about bygone days in Flirsch and original village life. The round walk leads over Flirsch Mountain to the "Plattenkreuz" cross on the "Römerweg-Roman Trail" and back to the starting point via the village street. This little journey through time tells you, for example, that the name Römerweg is in fact, quite misleading.

### Flirsch Chapel Circuit ●

**Start:** Flirsch Church

**Bus:** Bus no. 4242

**Catering:** Restaurants and cafés in Flirsch

**Distance:** ca. 5 km for the whole round walk

**Duration:** ca. 2 hrs for the whole round walk

This round walk offers wonderful views of Flirsch and the Stanzertal Valley. Starting from the parish church with its chapel of rest, the trail leads to the bridge over Mühlbach stream, where you will find the Lourdes Grotto with the chapel above. The route continues through the villages of Mairhof and Schneckenbach to Schöpfen, from where you can walk via Riedlen directly to the Antonius Chapel in Wolfen. From there, the route leads downhill to the Grube district and the "Herz-Jesu" Sacred Heart Chapel, before heading back to the parish church.

### "Mutspuren – Feel the Courage"

#### Panorama Trail ●

**Start:** Mountain station of Galzig cable car

**Cable car:** Galzigbahn

**Catering:** Galzig-Restaurant

**Distance:** ca. 5 km for the whole round walk

**Duration:** ca. 2,5 hrs for the whole round walk

Families get on the track of the Arlberg. Interactive stations provide exciting historical insight's as well as fun and games for young and old. The hike also offers wonderful views of the Stanzertal Valley and Vorarlberg. The reservoir at the Arlensattel with its water playground is an ideal place to take a breather. Instead of taking the gondola from the Galzig mountain station, you can hike down to the valley via the Maienweg Trail and Sennhütte.

### Faith and History Trail ●

**Start:** Schnann Church

**Bus:** Bus no. 4242

**Catering:** Hotel Traube

**Distance:** ca. 3.5 km for the whole round walk

**Duration:** ca. 2 hrs for the whole round walk

Hikers can learn about the faith and history of Schnann along this trail that traverses the little village. A life-sized figure of Corten steel holding a large book on each topic in its hands can be found at 13 stations, which are full of historical facts. Visitors are told of the origins and history of the parish and parish church of Schnann, as well as its ancient settlement.



## Rosanna Round Walk ●

**Start:** St. Anton am Arlberg Information Office

**Bus:** Bus no. 4242

**Catering:** Restaurants and cafés in the region

**Distance:** ca. 13 km to Flirsch

**Duration:** ca. 3,5 hrs to Flirsch

The route leads through the village to Ruetz bakery, where the hiking trail alongside the Rosanna River begins. The beautiful route always follows the river to Flirsch. The Rosanna Round Walk is largely asphalted and thus also particularly suitable for families with smaller children. Hikers can also swap to the other side of the Rosanna, which is not asphalted.

## Way of St. James, Strengen to St. Christoph am Arlberg ●●

**Start:** Strengen Church

**Bus:** Bus no. 4242

**Catering:** Restaurants and cafés in the region

**Distance:** ca. 30 km to St. Christoph am Arlberg

**Duration:** ca. 10 hrs to St. Christoph am Arlberg

Starting in Strengen, this section of the Way of St. James leads via Flirsch to Schnann and along the banks of the Rosanna River to Pettneu. Walk through the village to Vadiesen, then to the church of St. Jakob and on to St. Anton am Arlberg. From there, the route leads through the Rosanna Gorge, past Stiegenegg Chapel and up to the Arlberg Road and then on to Lake Maiensee. This is the highest point on the Way of St. James to Santiago de Compostela, at 1,865 m above sea level. After passing the lake, follow the descent to St. Christoph am Arlberg and over the Arlberg Pass towards Stuben.



## Sattelkopf Peak ●

**Start:** St. Anton am Arlberg Information Office

**Bus:** Verwall 6 village bus

**Catering:** Wagner Hütte, Tritschalm

**Distance:** ca. 6.5 km to Sattelkopf

**Duration:** ca. 3 hrs to Sattelkopf

Starting from the Information Office, this hike leads through the Rosanna Gorge into the Verwall Valley, or from the Mooserkreuz district if preferred. Either turn left, crossing a bridge in the direction of Sattelwaldweg, alternatively you can also walk to the Wagner Hütte. The trail leads initially uphill on a wide road to Tanunalpe, followed by steep winding bends up to Sattelkopf Peak (1,985 m). Head back down into the valley by taking the path towards Tritschalm and then through the Moostal to St. Anton am Arlberg.

## Herrenwaldweg Trail – Kapall ●

**Start:** St. Anton am Arlberg Information Office

**Cable car:** Gampen and Kapallbahn cable cars

**Catering:** Thony's, Gampen-Restaurant

**Distance:** ca. 7 km to Kapall

**Duration:** ca. 4 hrs to Kapall

This beautiful tour leads through the district of Nasserein on the wide Herrenwaldweg Trail, although hikers can always take narrow paths through the forest and across the meadows. Beautiful views of St. Anton am Arlberg can be enjoyed from Thony's. The trail leads in numerous serpentine bends to Gampen Plateau, after which the trail continues to climb until you reach Kapall. You can also ease your ascent or descent by using the chairlift. From Kapall you could continue your hike, for example, in the direction of Valluga, or along the Lechtalerhöhenweg (High Alpine Trail).



### Lechtal High Trail ●●

**Start:** St. Anton am Arlberg, mountain station of the Kapall

**Cable car:** Gampen- and Kapallbahn

**Catering:** Leutkircher Hütte, Kaiserjochhaus, Ansbacher Hütte

**Distance:** ca. 4 km to Leutkircher Hütte, ca. 8.5 km to Kaiserjochhaus, ca. 16.5 km to Ansbacher Hütte

**Duration:** ca. 2.5 hrs to Leutkircher Hütte, ca. 4 hrs to Kaiserjochhaus, ca. 8 hrs to Ansbacher Hütte

After the chairlift ascent to Kapall, follow signs for Leutkircher Hütte. The tour leads through rugged alpine terrain, but rewards hikers with wonderful views. You can also make a short ascent to Hirschpleiskopf Peak (2,546 m) from the Leutkircher Hütte. Afterwards, you can make your descent via Putzenalm, or continue to Kaiserjochhaus. Not far from the hut, another peak beckons – the Malatschkopf Peak (2,368 m). The day tour along the Lechtal High Trail or Eagle Walk can be continued to the Ansbacher Hütte. Alternatively, you can make your way down to Pettneu am Arlberg.

### Verwall Round (multi-day tour) ●

**Start:** St. Christoph am Arlberg

**Catering/overnight stays:** Kaltenberghütte, Konstanzer Hütte, Darmstädter Hütte, Niederelbehütte and Edmund-Graf-Hütte

**Distance:** depending on the route between 6 and 9 km to Kaltenberghütte, ca. 9,5 km to Konstanzer Hütte, ca. 7 km to Darmstädter Hütte, ca. 9 km to Niederelbehütte (over Seißlad-Joch), ca. 9 km to Edmund-Graf-Hütte, ca. 7.5 km to Pettneu am Arlberg

**Duration:** ca. 2.5–4 hrs to Kaltenberghütte, ca. 6 hrs to Konstanzer Hütte, ca. 4 hrs to Darmstädter Hütte, ca. 4 hrs to Niederelbehütte (over Seißlad-Joch), ca. 5 hrs to Edmund-Graf-Hütte, ca. 3 hrs to Pettneu am Arlberg

This multi-day tour starts in St. Christoph am Arlberg. The route takes you to Kaltenberghütte via the Berggeistweg Trail or Paul-Bantlin-Trail. The second stage leads to the Konstanzer Hütte, from where you can either hike directly to the Darmstädter Hütte, or via the Wormser, Neue Heilbronner and Friedrichshafner Hütte. The route continues to the Darmstädter Hütte and onwards the next day via Schneidjöchel to the Niederelbehütte. Edmund-Graf-Hütte is next on the programme, from where an ascent to the Hoher Riffler Peak (3,168 m) can be undertaken, followed by the descent to Pettneu am Arlberg.

### Arlberg Trail (multi-day tour) ●●

**Start:** St. Anton am Arlberg, Stuben or Lech

**Catering/overnight stays:** Accommodation in the respective towns of St. Anton am Arlberg, Stuben or Lech, luggage transport bookable.

**Distance:** Total length 52,1 km (incl. cable cars), Stage St. Anton am Arlberg–Stuben: ca. 15 km, Stage Stuben–Lech: ca. 13 km, Stage Lech–St. Anton am Arlberg: ca. 12.5 km

**Duration:** Stage St. Anton am Arlberg–Stuben: ca. 6.5 hrs, Stage Stuben–Lech: ca. 5 hrs, Stage Lech–St. Anton am Arlberg: ca. 6.5 hrs

The sporty long-distance hiking trail Arlberg Trail connects all five Arlberg resorts of Lech, Zürs, Stuben, St. Christoph am Arlberg and St. Anton am Arlberg. In three stages and with the help of cable cars, there are a total of 40 km of hiking trails in a spectacular alpine landscape. The signposted circular trail covers a total length of 50 kilometres, almost one fifth of which is covered by cable car. In total, it takes about 18 hours of walking and 6,038 metres of altitude gain. Ideally, you start from St. Anton am Arlberg, Stuben or Lech in a clockwise direction so that the routes and cable car rides interlock perfectly. Those who do not want to do the entire round can also choose individual stages or easier alternative routes.



*"And at the end of the day your feet  
should be dirty, your hair messy and  
your eyes sparkling."*



# E-Biking

radla

Interacitve cycling and  
mountain biking map:



[maps.stantonamarlberg.com](https://maps.stantonamarlberg.com)





### Ganatschalm ●

**Start:** OMV petrol station in Schnann  
**Catering:** Ganatschalm  
**Distance:** ca. 5 km to Ganatschalm  
**Duration:** ca. 2 hrs by mountain bike and ca. 1 hr by e-bike to Ganatschalm

After the OMV petrol station in Schnann, follow signs to Ganatschalm. The forest trail leads through the forest in long winding bends. Once at the top, cyclists are rewarded with wonderful views of the surrounding villages and the imposing mountain world.

### Herrenwaldweg – Kapall ●

**Start:** St. Anton am Arlberg Information Office  
**Catering:** Thony's (Rodelalm)  
**Distance:** ca. 7 km to Kapall  
**Duration:** ca. 1.5 hrs by mountain bike and ca. 1 hr by e-bike to Kapall

This beautiful tour leads through the district of Nasserein on the wide Herrenwaldweg Trail. Beautiful views of St. Anton am Arlberg can be enjoyed from Thony's. The trail leads in numerous serpentine to Kapall. Take the same route for the return journey back down to the valley.

### Darmstädter Hütte ●

**Start:** St. Anton am Arlberg Information Office  
**Catering:** Tritschalm, Rossfallalm, Darmstädter Hütte  
**Distance:** ca. 12.5 km to Darmstädter Hütte  
**Duration:** ca. 3 hrs by mountain bike and ca. 2 hrs by e-bike to Darmstädter Hütte

A beautiful route leads along a wide road from the Information Office to the Moostal, passing the Tritschalm, Rossfallalm and on to Lake Kartellsee. The tour can be shortened by using Rendlbahn cable car for the ascent. From Kartellsee (lake), a road leads up to the imposing Darmstädter Hütte.

#### Please note:

Guided e-bike tours can be booked for a fee with the following providers:

**arl.park:** +43 (0) 660 99 88 066

**H2O E-Bike Akademie:** +43 (0) 5472 66 99

**Rad Company:** +43 (0) 664 453 04 32

### Heilbronner Hütte ●

**Start:** St. Anton am Arlberg, Mooserkreuz  
**Catering:** Wagner Hütte, Konstanzer Hütte, Heilbronner Hütte  
**Distance:** ca. 19 km to Heilbronner Hütte  
**Duration:** ca. 3.5–4 hrs by mountain bike and ca. 2.5 hrs by e-bike to Heilbronner Hütte

The tour through the Verwall Adventure Valley leads alongside the beautiful Lake Verwallsee, with playground and barbecue area. From the Salzhütte, the tour can be continued along the wide forest trail to the Konstanzer Hütte, before heading through Schönverwall and further along a trail to the Heilbronner Hütte. The return journey can be made via either the same path, or alternatively continued to Galtür and Ischgl. From there you can return to St. Anton am Arlberg along the main road through the Paznaun and Stanzertal valley.



## Konstanzer Hütte ●

**Start:** St. Anton am Arlberg, Mooserkreuz  
**Catering:** Wagner Hütte, Konstanzer Hütte  
**Distance:** ca. 10.5 km to Konstanzer Hütte  
**Duration:** ca. 1 h 45 mins by mountain bike and ca. 1 hr by e-bike to Konstanzer Hütte

From the Mooserkreuz district, the route leads through the Verwall Valley to the beautiful lake with playground and barbecue area. From the Salzhütte, the tour can be continued along the wide forest trail to the Konstanzer Hütte. During the ride, you are constantly accompanied by wonderful views of the striking Patteriol Peak (3,056 m), which towers behind the hut. From there you can continue through Schönverwall to the Heilbronner Hütte (trail) or over Lake „Langer See“ (push/carry sections) to Vorarlberg.

## Malfonalm ●

**Start:** Pettneu am Arlberg Information Office  
**Catering:** Malfonalm  
**Distance:** ca. 4.5 km to Malfonalm  
**Duration:** ca. 2 hrs by mountain bike and ca. 1 hr by e-bike to Malfonalm

The route starts from the Information Office towards Wellnesspark Arlberg-Stanzertal and continues into the dreamy Malfon Valley, where a forest path leads alongside Malfonbach Stream and the „Ferner Brücke“ to „Ferner-Gampli“. From here, the trail levels out somewhat until you reach Malfonalm. If you continue along the path past the rear Malfonalm (closed for business), you will reach two beautiful mountain lakes where you can take a welcome breather. Follow the same route back for the return journey.



## Putzenalm Circuit ●

**Start:** St. Anton am Arlberg Information Office  
**Catering:** Putzenalm  
**Distance:** ca. 15.5 km for the whole round tour  
**Duration:** ca. 2 hrs by mountain bike and ca. 1 hr 15 mins by e-bike for the whole round tour

The route leads through the Nasserein and St. Jakob districts for ca. 2.4 kilometres, then turns off before the right-hand bend between the houses of Tali and Steinmüller. The Gondawald gravel trail towards Putzenalm begins here, which offers magnificent views of the surrounding mountains. The return journey to St. Anton am Arlberg leads through the western side of Putzenwald (forest) to Schöngraben, before continuing downhill to the district of Nasserein.

## Radweg Stanzertal ●

**Start:** St. Anton am Arlberg Information Office  
**Catering:** Restaurants and cafés in the region  
**Distance:** ca. 14 km to Flirsch  
**Duration:** ca. 1 hr by mountain bike and e-bike to Flirsch

The route leads through the village to Ruetz bakery, where the cycle path alongside the Rosanna River begins. The beautiful route always follows the course of the river to Flirsch. The route is largely asphalted and thus also particularly suitable for families with children.



### Galzigtrail

**Start:** Top station of Galzig cable car

**Catering:** Galzig-Restaurant, Sennhütte

**Distance:** ca. 5 km

**Duration:** ca. 30 mins by mountain bike and e-bike

**Level of difficulty:** S2 – moderately difficult

The ascent to the challenging shared trail for mountain bikers and hikers can be made easier by using Galzigbahn cable car. This trail leads over the "Osthang" to St. Anton am Arlberg and offers wonderful views of the Stanzertal valley and surrounding mountains.

You will find an overview of the road bike tours and Bike & Hike in the interactive map: [www.stantonamarlberg.com](http://www.stantonamarlberg.com)

### Rendltour ●

**Start:** St. Anton am Arlberg Information Office or Rendl cable car mountain station

**Cable car:** Rendlbahn

**Catering:** Rendl-Restaurant or Rendlalm

**Distance without gondola:** ca. 23 km for the round tour

**Duration without gondola:** ca. 2 hrs 45 mins by mountain bike and ca. 2 hrs by e-bike for the whole round tour

**Distance with gondola:** ca. 5 km to Rendlalm

**Duration with gondola:** ca. 1 hr 45 mins by mountain bike and ca. 1 hr 15 mins by e-bike to Rendlalm

Starting from St. Anton am Arlberg, ride through the Moostal or catch the Rendlbahn cable car to the top, where the trail begins in the direction of Rendlalm. In early summer, the path is strewn with thousands of alpine roses. Follow the road to St. Jakob am Arlberg for the return journey.

### Sattelwaldweg ●

**Start:** St. Anton am Arlberg Information Office

**Catering:** Wagner Hütte

**Distance:** ca. 21 km for the round tour

**Duration:** ca. 2 hrs by mountain bike and ca. 1.5 hr by e-bike for the round tour

Cycle from the Information Office through Oberdorf to the Mooserkreuz district and further into the Verwalltal Valley to Lake Verwallsee. Following the banks of the river, the route turns onto the gravel path towards the Sattelwaldweg. Once at the reservoir in Moos-tal, follow signs for St. Anton am Arlberg.



*"It is by riding a bicycle that you learn  
the contours of a country best,  
since you have to sweat up the  
hills and coast down them."*

*- Ernest Hemingway*



# Climbing

kraxla

Interactive climbing map:



[maps.stantonamarlberg.com](https://maps.stantonamarlberg.com)





### **Arlberg Via Ferrata**

The route, which is around three kilometres long and reaches an altitude of almost 2,500 metres, is one of the most demanding tours in the Alps. At dizzying heights, climbers venture up steep rock faces and over slender ledges, scramble up almost vertical cliffs and craggy ridges. You don't just need a good head for heights here, but comprehensive climbing equipment. The route leads over Knoppenjochspitze (2,680 m), Lisunspitze (2,667 m), Haizähne and Weißschrofenspitze (2,752 m) peaks. Depending on the weather and your stamina levels, you should plan on taking four to six hours for this route. The climbing route is secured with a long steel rope and several rope clips and hooks. The Arlberg via ferrata can be accessed from the Vallugagrät cable car station, or Kapall chairlift station.

**Explore our mountains with a local guide from the Arlberg region:  
+43 (0) 699 15 34 19 09!**

### **Patteriol Peak (3,059 m)**

Completely free-standing, Mount Patteriol's peak towers over the three-thousand-metre mark high above the Fasultal Valley. The north-eastern ridge is one of the great climbing classics of the Verwall Alps and the route is bolted. The high-alpine climbs in difficulty grades of I to VI in the mountaineering scale and long descent are mountain experiences most suited to ambitious climbers.

### **Climbing areas near the Darmstädter Hütte**

A secure gneiss climbing area has been recently developed around the Darmstädter Hütte and the majestic Kuchenspitze Peak (3,148 m). Seven climbing areas with 58 routes in total are located in the immediate vicinity of the hut.

### **Roggspitze Peak (2,758 m)**

Similar to the Dolomites, this craggy southern mountain flank is made of limestone rock. The challenge of this widely known pleasure climb, however, does not exceed III+ on the mountaineering scale.

### **Schnanner Gorge and Climbing Garden**

The wildly romantic setting of Schnanner Gorge rises imposingly to the north of the village of Schnann – a natural gem in which huge efforts have been invested recently in making it accessible to hikers again. At the trailhead, climbers can look forward to around 42 routes in levels of difficulty ranging from III to IX.

### **Eastern Faselfadspitze Peak (2,947 m) – south face**

Recommended pleasure climbing on mostly compact primary rock. Coherent climbing line along a striking ridge up to the eastern Faselfadspitze Peak, with wonderful views.

### **Kuchenspitze Peak (3,148 m)**

Those seeking glaciers, rocks, snow and wrap-round views should get to know this igneous rock face. It keeps climbers on tenterhooks all day long, rewarding them richly with memorable experiences.



*"It is not the mountains we conquer,  
but ourselves."*

*– Edmund Hilary*



# Outdoor

dussa

in the St. Anton  
am Arlberg region





**Archery**

Have you ever wanted to draw a bow as daringly as Robin Hood? We offer you the chance to do exactly that! As part of the weekly programme, you will learn the basics of archery under expert guidance and can even try your hand at it right away. Who knows, maybe you will hit the bull's eye with your first shot!

**Paragliding**

Paragliding induces an unparalleled feeling of freedom whilst offering breathtaking views of the mountains around St. Anton am Arlberg. Soar through the air like an eagle, allow the wind to carry you as you discover the pristine landscapes of the Arlberg region from above. Paragliding providers in the St. Anton am Arlberg region are "Flight Connection Arlberg" and „Arlberg Air“.

**Flight Connection Arlberg:**  
 +43 (0) 664 14 15 166 / whats app / telegram / signal  
 Direct bookings: tandem.fca.at

**Arlberg Air:** www.arlbergair.weebly.com

**Golf**

St. Anton am Arlberg awaits its summer guests with a charming nine-hole course that offers challenges and enjoyable hours for beginners and advanced players alike. With every tee-off, guests have a magnificent view of the surrounding mountains. The course itself is in fact quite mountainous, as some of the nine fairways lead uphill rather steeply. Appropriate equipment can be hired on site. Golf-course proficiency certificate required!

**Golf-Club Arlberg:** +43 (0) 5446 21 03,  
 www.golfarlberg.at

**Tennis**

You are certain to deliver the perfect serve on the sand-covered tennis courts at Arlberg WellCom in St. Anton am Arlberg. Alternatively, tennis enthusiasts can put their skills to the test on the hotel's own clay court at Hotel Gridlon in Pettneu am Arlberg. Court reservations required during the summer season!

**Arlberg WellCom:** +43 (0) 5446 40 01,  
 www.arlberg-wellcom.at

**Hotel Gridlon:** +43 (0) 5448 82 08,  
 www.gridlon.com





**Kajak**

Action-packed kayak tours around St. Anton am Arlberg are an incredible holiday experience. Kayak School Arlberg is the only resident kayak school with trained guides, who have been on the waters of the Stanzertal Valley for years. In addition to private and group courses as well as guided tours, the school offers the opportunity to learn kayaking, improve techniques and get to know the rivers in the area. Guests can experience a modern, dynamic and positive way of kayaking in one of the most beautiful areas in the Alps.

**Kayak School Arlberg:**  
+43 (0) 676 53 03 878,  
[www.gokayaking.at](http://www.gokayaking.at)

**Gand Mining**

“Glück auf!” is the traditional miners’ greeting at Gand Mining, where history comes alive and long-hidden secrets are revealed. Visitors embark on a historical journey into another world and learn more about the life of miners and everyday life in an ore mine! Interesting information on geology, the search for and extraction of ore and its further processing is provided. The round walk is a great adventure for the whole family. According to the latest findings, ore was mined here as early as the 15th and 16th centuries. Discovered by an amateur archaeologist, the old tunnels were rebuilt true to the original and are now accessible again.

**Contact:** +43 (0) 5446 22 690,  
[www.bergbau-gand.at](http://www.bergbau-gand.at)

**Rafting, Canyoning and Tubing**

Exciting activities surrounding the element water are on the programme at H2O-Adventure. No matter whether you are an adrenaline junkie or nature lover, there is something to suit everyone! Rafting can be both easy and exhilarating! Canyoning offers a special nearness to nature and thrilling fun, as you follow the natural water course, explore pristine gorges and master steep drops with spectacular waterfalls. Whether canyoning, rafting, tubing or alpine outdoor sports, H2O-Adventure offers sport, fun and safety in the mountains of Tyrol.

**H2O-Adventure:** +43 (0) 5472 66 99,  
[www.h2o-adventure.at](http://www.h2o-adventure.at)

**Fishing**

Our clear mountain streams are home to numerous fish stocks such as brown trout, rainbow trout and char. The Rosanna can be fished from both banks throughout the season. The area is a paradise on earth for fly-fishing enthusiasts. Detailed information on fishing permits is available from the information offices, or the official St. Anton am Arlberg Tourist Association website.



# Water

Platzla bom Nåssa

in the St. Anton  
am Arlberg region





### **Egger Weiher Lake**

Rest and relaxation in pristine natural surroundings. The „Egger Weiher“ is a natural pond in the midst of extremely quiet and pleasant high alpine meadows at 1,400 metres above sea level.

### **Maiensee Lake**

Crystal clear water, fresh mountain air and green meadows in St. Christoph am Arlberg! A gorgeous setting to relax and „chill out“ while the kids play next to the lake. Tip: Hike from Lake Maiensee via the Maienweg Trail and the Wonder-WalkingWay to Sennhütte.

### **Biotop – Kneipp facility**

The Kneipp footbath facility is located on the northern banks of the Rosanna river between Pettneu am Arlberg and St. Jakob am Arlberg. You can enjoy wonderful days here with a little picnic in the barbeque area, followed by a refreshing Kneipp footbath.

### **Mösli**

Nature has created its own history book at Mösli situated above Flirsch. Here, you can see all vegetation levels that have ever existed – on a mere few hundred meters. A lively little stream makes its way through the Mösli plateau, which certainly lives up to its name with deep green moss lining the banks of the river.

### **Stockibach Waterfall**

From the viewing platform above St. Anton am Arlberg you can marvel at the masses of water thundering down the valley. Watching the gushing water is fun for the whole family.

### **Ganderau**

A little grove can be found between Pettneu am Arlberg and St. Jakob am Arlberg – an idyllic place, perfect for those in search of rest and relaxation. A beautiful nature park has been created in harmony with nature here in Ganderau – the so-called „Giasí“.



# Family

für Groß und Klei

in the St. Anton  
am Arlberg region





**EldoRADO**

EldoRADO Bike Areal offers two-wheeler enthusiasts a whole lot of fun. On the Pumptrack, you try to build up speed through your own body movements. The Northshore Trail offers natural obstacles such as stones and tree trunks. EldoRADO also features easy curves and obstacles for younger riders and is even suitable for balance bikes. A special cross track can be ridden on ultra-modern KTM e-motocross bikes. The bike area is supervised by experts who are on hand to provide visitors with tips and tricks.

**Contact:** +43 (0) 676 970 77 90 / whats app, [www.stantonamarlberg.com](http://www.stantonamarlberg.com)

**High and low rope course**

The high and low ropes course in the Verwall Valley is the place to be. Children and adults alike can master various tasks on a total of 22 stations. The “Flying Fox” zip wire takes you over the Rosanna River at high speed. For children up to 8 years of age, there is a low ropes course where the little ones can practise climbing under the supervision of their parents.

**Contact:** +43 (0) 5472 66 99 or +43 (0) 5446 30 324, [www.h2o-adventure.at](http://www.h2o-adventure.at)

**Wagner Hütte and barbecue areas**

There are two barbecue areas along the Rosanna River where you can enjoy a break for grill specialists to roast meat and vegetables over an open fire. You do not need to book in advance to use the sites. Wagner Hütte is also a nice place to take a break and a popular meeting place for locals and guests alike.

**Playground at Lake Verwallsee**

The children’s playground at Lake Verwallsee has developed into a popular destination that visitors of all ages always enjoy returning to. Numerous play equipment such as swings, a climbing frame, climbing wall, slides, seesaws, sand diggers, floor trampoline and even a mini zip wire are popular with children of all ages. Mums and dads can relax on garden swings conveniently placed on four natural wooden platforms at the lake shore, or in wooden beach chairs with open views of the idyllic lake waters.

**Legend Trail**

Interactive nature stations allow visitors to immerse themselves in the myths and legends of the region. At four stations, children playfully learn the stories about “The Treasure on Arlen”, “The Witch of Stiegenegg,” Schnanner Drajer and “The Husband’s Ghost.”

**Suspension Bridge**

A steel cable suspension bridge can be passed on the way to Lake Verwallsee. At a height of 20 metres, the bridge leads over a high waterfall. The path between the two banks is 35 metres long.

**Verwall Landscape Pond**

The Landscape Pond is another highlight in the Verwall Adventure Valley, which has been expanded and redesigned several times in recent years. This scenic gem next to the Verwall Lake invites you to linger and relax. Around 1,200 square metres of sunbathing space are available to guests seeking peace and quiet.





### Children's playgrounds in the holiday region

At Arlberg WellCom, Museum, WonderWalkingWay, Lake Verwallsee, Galzig, Gampen and Rendl mountain restaurants, at Arlensattel Reservoir.

Opposite Wellnesspark Arlberg Stanzertal in Pettneu, south of Hotel Traube in Schnann, next to the football pitch in Flirsch, next to the football pitch in Strengen.

### Children's Programme

The area around St. Anton am Arlberg offers even the youngest visitors much to discover and experience. Young visitors can take advantage of our children's programme to explore nature, play funny games and experience great adventures together with professional child-carers. Every weekday has a different theme and offers varied experiences in the midst of nature. Children aged 4 to 16 years can take part in the children's programme.

### Detective Trail

An interactive puzzle leads big and small detectives through 14 stations in St. Anton am Arlberg. The village can be explored playfully and creatively through tricky tasks. With the right code, a little surprise awaits all successful detectives at the end. The trail combines knowledge, fun and excitement for the whole family in a 3-hour adventure. Suitable for families with children aged 7 and older. The offer is subject to a fee.

### Crime Trail

The crime trail offers the unique opportunity to take on the role of an investigation team and solve an exciting criminal case in St. Anton am Arlberg. For a successful conclusion of the case, evidence must be secured during the tour and alibis of the crime suspects must be examined. Suitable for crime fans aged 12 and over. The offer is subject to a fee.

# Indoor

dinna

in the St. Anton  
am Arlberg region





### Arlberg WellCom

A superb example of high quality, contemporary architecture, the wellness area exudes „good vibrations“ and, with its indoor pool and heated outdoor sports pool, allows visitors to indulge in the essential pleasures of adventure, sport and relaxation. The indoor pool has a swimming channel that leads outdoors. The waterfall and counter-current system are all designed to appeal to the senses. The children's pool with slide also impresses with their spaciousness. The fascinating sauna and wellness landscape include a greened roof, Finnish sauna and an open-air courtyard. Thanks to special glazing, the magnificent view of the surrounding mountain peaks can even be enjoyed from the sauna. In addition to massages, there are plenty of sporting challenges on offer. The gym is well equipped with diverse cardio and modern fitness machines.

**Location:** Hannes-Schneider-Weg 11  
**Contact:** +43 (0) 5446 4001,  
[www.arlberg-wellcom.at](http://www.arlberg-wellcom.at)

### Wellnesspark Arlberg Stanzertal

The indoor swimming pool, sauna and wellness area invite you to replenish flagging energy levels. A special focus is placed on relaxing swimming and saunas at Wellnesspark Arlberg Stanzertal in Pettneu. The indoor pool with a water temperature of 29 degrees has massage showers, five jump stands and a separate children's pool. The sumptuous warmth of the wellness area can be savoured in a Finnish sauna, steam and aroma steam bath, crushed ice grotto, bucket shower, invigorating showers and an infrared cabin.

**Location:** Pettneu am Arlberg 235c  
**Contact:** +43 (0) 5448 22 276,  
[www.wellnesspark-arlberg.at](http://www.wellnesspark-arlberg.at)

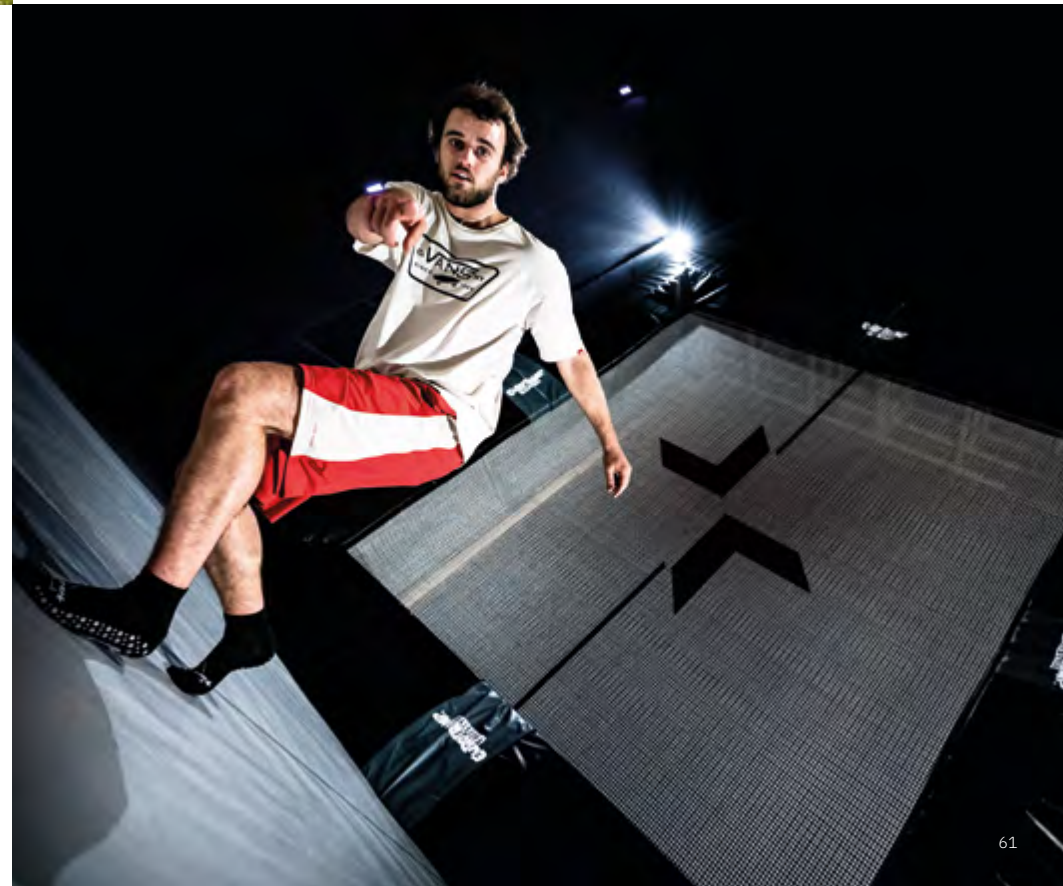
### arl.park

Those of you who don't always want to work out in the great outdoors can indulge in some classic indoor sports. At arl.park, sports enthusiasts will find the arl.park trampoline hall, climbing facilities, a bowling alley as well as tennis and squash courts. With a total of 1,000 square metres of climbing space, around 100 different climbing routes are available. A further 30 routes can be tackled outdoors. Those who prefer it a little less steep can choose from one of the two via Ferrate routes, which both lead to the 18-metre-high tower in the outdoor area. Four modern bowling alleys are the perfect place for afternoon entertainment with the family, or a bowling evening with friends. Appropriate equipment is available for hire in the shop.

### Trampoline hall

The high-performance arl.park indoor trampoline hall at arl.park in St. Anton am Arlberg offers 14 trampolines, bag-jump airbag with freefall tower, airtrack tumbling mats and much more, providing endless fun for beginners to pros over 1000 square metres. The trampoline hall is designed for sports enthusiasts of all ages (from 3 years). Every first-time visitor is given an introduction by a coach.

**Location:** Bahnhofstraße 1  
**Contact:** +43 (0) 660 99 88 066,  
[www.arlpark.at](http://www.arlpark.at)



## Yoga at the arlflow

Inspired by the Mountain Yoga Festival, yoga is now practised all year round in St. Anton am Arlberg. A variety of lessons in diverse styles are offered for beginners and advanced practitioners in the arlflow yoga room. The programme also includes children's yoga, meditation and relaxation sessions. A team of experienced teachers organises workshops and drop-in classes to suit the season.

**Location:** Zielstadion, Sonnenwiese 3  
**Contact:** [www.arlflow.at](http://www.arlflow.at)

## Arlberg Escapes

An Escape Room is a room in which the players have to solve different puzzles in a certain amount of time in order to leave it again as the winner. The puzzles can be mastered with brain, imagination, skill, logic and a good power of deduction. The common challenge is to solve the puzzle around St. Anton am Arlberg within one hour. Now team spirit is needed to solve the tasks in time.

**Location:** Marktstraße 2  
**Contact:** +43 (0) 664 56 55 850,  
[www.arlbergescapes.com](http://www.arlbergescapes.com)



## St. Anton Museum

The St. Anton am Arlberg Museum is housed in Villa Trier, which was built by a German industrialist around 1910. During the 20th century, the villa experienced various owners and residents until it became the property of the municipality and tourism association in 1971. Together with its associated park, the museum offers a picturesque setting to tell the story of St. Anton's heritage. While guests can indulge in culinary delights on the ground floor, the permanent exhibition and changing special exhibitions on the first floor offer interesting insights into the history of St. Anton am Arlberg. The free Hearonymus app is available in German, English, French and Italian.

**Location:** Rudi-Matt-Weg 10  
**Contact:** +43 (0) 5446 22 690,  
[www.museum-stanton.com](http://www.museum-stanton.com)

## Kunstraum Pettneu (Art Room)

A visit to the Kunstraum (art room) Pettneu offers insights into times long past. In addition to events such as art exhibitions, readings and lectures, you can also immerse yourself in the cultural history of the holiday region. Film screenings are regularly held as part of the weekly programme.

**Location:** Pettneu am Arlberg, Dorf 151  
**Contact:** +43 (0) 664 73 78 77 84,  
[www.kunstraum-pettneu.at](http://www.kunstraum-pettneu.at)

# Trips

eppas zum ånschaua

around the  
St. Anton am  
Arlberg region





**Landeck, City of Culture (ca. 25 km)**

The district capital of Landeck was named after its landmark, Landeck Castle, which is now home to the district museum. The city was settled as early as the Bronze Age and has always been an important transport hub. Enjoy a shopping tour through Malsersstrasse, or visit the fresh produce market (every Friday). Not far from Landeck, the „Zammer Lochputz“ can be found in the district of Zams. The gorge landscape is named after a rock formation in the shape of a bull’s head, the „Lochputz“, which watches over the petrified water nymph at the waterfall. It is shrouded in countless myths and legends, which is what makes a visit such a unique experience.



**Alpine Coaster in Imst (ca. 40 km)**

Visitors can experience thrilling fun on the world’s longest Alpine roller coaster. A hikers’ bus shuttles from the town centre to Hoch-Imst. Alternately, you can walk there through the romantic Rosengarten Gorge, from where you can make your ascent with the cable car, or just walk. Once you arrive at the mountain station, you will be rewarded with a nine-minute ride on the summer toboggan run.



**AREA 47 (ca. 50 km)**

AREA 47 is located exactly at the earth’s 47th degree of latitude, at the entrance to the Ötztal Valley. The Water AREA with Waterslide Park, water slides, a diving tower and numerous other attractions offers action-packed adventures for active people. Wakeboarders’ hearts will skip a beat in the 20,000 square meters lake. Equipment such as wakeboards, wake-skates, water skis or kneeboards can be rented on site for a fee. Other activities include a high ropes course and climbing tower, or a 350-metre-long zip wire.



**Ötzi Village in Umhausen (ca. 65 km)**

The Ötzi-Dorf open-air museum is dedicated to the glacier mummy Ötzi, who was found in 1991 on the Hauslabjoch in the Ötztal Alps and has fascinated people ever since. In addition to true-to-original replicas from his time, animal breeds that existed as early as the 4th millennium BC can also be admired here. You will find, amongst others, wild horses, black-necked goats, woolly-hair pigs, primeval trout and aurochs. Little shows in which the life of the time is re-enacted are a special highlight.



**Aqua Dome Spa in Längenfeld (ca. 75 km)**

Relaxation is top priority in the unique Aqua Dome thermal spa and sauna world. In addition to the numerous indoor and outdoor pools, the saltwater basin invites you to relax whilst surrounded by views of the surrounding Ötztal mountains. The precious water bubbles to the surface from a depth of 1,865 metres at 40° Celsius. According to chemical analyses, Längenfeld water is a sulphur-rich thermal spring and has recognised natural healing powers.



**007 Elements – James-Bond-Museum (ca. 95 km)**

The James Bond World in Sölden offers exciting insights into the world surrounding the famous secret agent. Although the museum focuses mainly on the film „Spectre“, which was shot in Sölden, it also features other titles in the Bond film franchise. The museum showcases high-tech interactive galleries, each featuring various action scenes and technical gadgets, as well as unique filming locations.



**Innsbruck (ca. 100 km)**

In the capital of Tyrol, famous sights such as the Golden Roof, Hofburg Imperial Palace, medieval old town and the famous Hofkirche (Court Church) with the “Black Men” await. Numerous museums provide information about exciting events from Innsbruck’s history. Stroll through the historic Maria-Theresien-Strasse or go on a shopping spree through the shops and stores in the various districts. A special highlight is the highest Alpine zoo in Europe, with over 2,000 animals and 150 species from the Alpine region.



**Swarovski Crystal Worlds (ca. 115 km)**

The Swarovski Company had the internationally famous Crystal Worlds built in Wattens in celebration of its 100th anniversary. A mighty giant presides over the beautifully landscaped entrance and numerous attractions. Inside, you will find 17 mystical Chambers of Wonder, in which international artists have created marvellous works of crystal. Another highlight is the Crystal Cloud: an installation consisting of 800,000 hand-mounted crystals which drifts above the black Mirror Pool.



**Bärenland at Sonnenkopf (ca. 26 km)**

Bärenland (Bear Country) at Sonnenkopf is a real adventure for children of all ages. Even the ascent in the lovingly furnished bear gondolas is great fun – and not just for the children! Many interactive play stations are waiting to be discovered. The water games and the bear playground are particularly fun. A small raft can be used to cross „Bear Lake.” Silver was once mined in the Sonnenkopf area. Today, children can go on an adventurous treasure hunt and look for little silver bears on a digging field.



**Bregenz (ca. 100 km)**

As the third largest inland lake in Central Europe, Lake Constance forms the centre of the three countries, Austria, Germany and Switzerland. Stroll along the lakeside promenade or visit Bregenz lido, with several footbridges leading from the spacious sunbathing lawns directly into the lake. There are also three sports pools and a children’s pool. You could also indulge in a boat trip, or visit the town of Lindau and the flower island of Mainau.



**Mainau Island (ca. 150 km)**

Hundreds of fragrant flowers sweeten the summer on Mainau Island at Lake Constance, a popular destination that invites you to enjoy the beauty of nature. In 1827, the Hungarian Prince Esterházy had today’s castle courtyard laid out and planted exotic and native plants. Grand Duke Friedrich I of Baden acquired the island as a summer residence in 1853, increased the tree population and had the „Italian Rose Garden“ installed. At the same time, he cultivated lemon and orange trees as well as palms. Another highlight is the second largest butterfly house in Germany, where around 120 free-flying species of tropical butterflies from Africa, Asia and Central and South America can be admired. The flower island can be reached by boat from Bregenz.





#### E-bike charging stations in the region:

- St. Anton am Arlberg Information Office
- Rendl cable car top station
- Wellnesspark Arlberg Stanzertal in Pettneu
- Hotel Basur in Flirsch
- Hotel Post in Strengen
- Konstanzer Hütte
- Heilbronner Hütte
- Darmstädter Hütte

#### E-car charging stations in the region:

- Arlberg WellCom, parking
- Railway station, footbridge
- Billa, Arlbergstraße 73
- Hotel Nassereinerhof, Nassereinerstraße 1
- Hotel Tyrol/Valluga, Arlbergstraße 79
- Der Bäcker Ruetz – Infopoint
- next to Hotel Tenne, St. Jakob
- Gutmann petrol station, St. Jakob
- OMV petrol station in Schnann

#### E-bike rental available in the following sports shops:

- Alber Sport
- Intersport Arlberg
- Sport Jennewein
- Sport Pete
- Sport Matt in Pettneu

#### List of bus routes:

- Route 1: Shuttle bus Ant00n
- Route 2: St. Jakob
- Route 3: Mooserkreuz
- Route 4: Nasserein
- Route 6: Verwall
- Route 4242: St. Anton – Landeck
- Route 760: St. Anton – Lech

#### St. Anton am Arlberg railway station – a short journey through time

In May 1880, the Imperial Council in Vienna decided to build a railway connection between Innsbruck and Bludenz. After just over three years of construction, the breakthrough in the Arlberg tunnel could be celebrated and after only four years, the entire line was completed. The official opening of the Arlberg Railway was celebrated by Emperor Franz Joseph I in a festive ceremony on 20th September 1884. To this day, the Arlbergbahn Railway Line is considered a masterpiece of engineering. The achievements of the planners and workers during construction of the ramp sections and the 10,250-metre-long Arlberg tunnel still command respect to this day. During the tunnel work, which was tackled from both sides, the most modern machines of the day were used. The natural geographical conditions meant that many tunnels and bridges had to be built along the route. The struggle with the harsh natural landscapes has resulted in numerous new construction projects in the history of the Arlbergbahn, while other circumstances have led to frequent modernisations to the route. The tracks were finally relocated prior to the World Ski Championships in 2001.

Today, the centrally located St. Anton am Arlberg station is a so-called Railjet station, where numerous international express trains stop. Train tickets are available locally at the Service Centre or from the Information Office (Dorfstraße 8).



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