







# 2021 Europe Triathlon Cup & Junior Cup Caorle



Tokyo is getting closer and closer and in May, athletes will have the first chance in Europe to collect World and European points.

An important race?
Indeed.
A great location?
Could not be better.





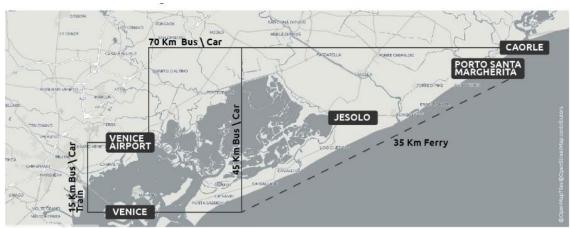






#### Let's find out a bit about this event.

Caorle is located about 70km east of Venice. Easy to get to by public transport, or by car.



The Local Organising Committee (LOC) can help you find the right type of accommodation, ranging from 2 to 4 Stars. Send your requirements to the LOC on <a href="mailto:etccaorle@silcaultralite.it">etccaorle@silcaultralite.it</a> and they will help you to find the best offer.

The Adriatic Sea will be a warm welcome to athletes from Northern Europe and a welcome reminder of the "good old days" for those who live not so far away as the restrictions in Europe begin to lift and as athletes from all over Europe finally get a chance to show how their winter training has gone.

This will be one of the most important races of the year and the organisers will be making sure that athletes coming to Caorle are well-looked after and that they can get the best and safest possible racing experience.

Of course, full compliance with the World Triathlon and WHO COVID-19 protocols will be enforced and the LOC has a fully-trained team to ensure your safety. For up-to-date information about procedures, please make sure you regularly check the event pages on the Europe Triathlon website and on the Facebook & Instagram pages (INSERT LINKS >>>>)

#### How do we get there?

Well, there is a good selection of airports to choose from, depending on where you are flying from.

- Aeroporto Marco Polo, Venice (VCE), 52Km
- Aeroporto Antonio Canova, Treviso (TSF), 61Km
- Aeroporto Friuli Venezia Giulia, Trieste (TRS), 90Km

The LOC can provide a Transfer Service for athletes, National Federations, coaches and staff from Aeroporto Marco Polo, Venice, on Thursday 13th and Friday 14th before the race, and Sunday 16th and Monday 17th after the race. The price for one ticket will be 10€ (per person/one way, 15€ per person/round trip). The charges for bike transfer will be confirmed shortly.

Athletes and National Federations who are planning to use transfer service are kindly invited to write an email to <a href="mailto:etccaorle@silcaultralite.it">etccaorle@silcaultralite.it</a> no later than Friday, April 30th. National Federations or groups who would like a private shuttle please write to <a href="mailto:etccaorle@silcaultralite.it">etccaorle@silcaultralite.it</a> with your specifications.









You can also use Public Local Transportation, which connects Venezia and Treviso Airports to Caorle (<a href="https://www.atvo.it/it-servizio-aeroporti.html">https://www.atvo.it/it-servizio-aeroporti.html</a>) by bus.

Local transfer (from hotels to race venue and vice versa) and transport from and to the airport will be guaranteed only from and to official hotels.

## **Training Facilities in Caorle**

Once you have safely arrived in the city, what better way to relax and unwind than a nice swim. The sea, of course, is there but you will need a wetsuit at this time of year, with temperatures just under 20°C. The local swimming pool is available - Caorle Nuoto & Wellness (Via delle Rondini, 20N 1, Caorle). We will get the timetable and availability published as soon as possible.

For biking, there are a number of safe locations. These can be accessed by using these gpx files (<a href="https://tinyurl.com/etcaorle-b40">https://tinyurl.com/etcaorle-b40</a> & <a href="https://tinyurl.com/etcaorle-b40">https://tinyurl.com/etcaorle-b40</a> & <a href="https://tinyurl.com/etcaorle-b40">https://tinyurl.com/etcaorle-b40</a>).

There is an athletic track in the city and of course the seafront. The track can be used free but you must reserve a time slot (contact <a href="mailto:etcaorle@silcaultralite.it">etcaorle@silcaultralite.it</a> to make that reservation). Running routes can be found using these gpx files (<a href="https://tinyurl.com/etcaorle-r10">https://tinyurl.com/etcaorle-r10</a> & <a href="https://tinyurl.com/etcaorle-r5">https://tinyurl.com/etcaorle-r5</a>).

The LOC will also have a bike mechanic available:

- Friday, May 14th, at the Athlete's Lounge (14.00 19.00).
- Saturday, May 15th at the race venue (07.00 18.00).
- Sunday, May 16th at the race venue (08.00 14.00).

#### When and where?

Friday, May 14th							
14:30	15:30	Bike Familiarization for junior & élite					
15:30	16:30	Swim Familiarization for junior & élite					
16:00	19:00	Race numbers distribution *appointment will be made for each NFs					
TBC		Athletes briefing (online via zoom)					

Saturday, May 15th								
07:00	07:45	Athletes Lounge and Transition Area Open for Junior Men						
07:20	07:40	Swim warm up						
07:50		Athletes line up and introduction						
08:00		Junior Men - First wave						
	12:15	Junior Men end of Qualification						
12:00	12:45	Athletes Lounge and Transition Area Open for Junior Women						
12:20	12:40	Swim warm up						
12:50		Athletes line up and introduction						
13:00		Junior Women - First wave						
	15:35	Junior Women end of Qualification						
15:00	15:45	Athletes Lounge and Transition Area Open for Elite Men						
15:20	15:40	Swim warm up						
15:50		Athletes line up and introduction						
16:00		Élite men start						
16:00	16:45	Athletes Lounge and Transition Area Open for Elite Women						
16:20	16:40	Swim warm up						
17:50		Athletes line up and introduction						
18:00		Élite women start						
19:15		Award Ceremony						









Sunday, May 16th					
08:00	08:45	Athletes Lounge and Transition Area Open for Junior Men & Women			
08:20	08:40	Swim warm up			
08:50		Athletes line up and introduction			
09:00		Junior Women - B Final Start			
09:45		Junior Men - B Final Start			
10:30		Junior Women - A Final Start			
11:15		Junior Men - A Final Start			
12.00		Open Sprint Race - Women Start			
12:15		Award Ceremony			
14.00		Open Sprint Race - Men first wave Start			

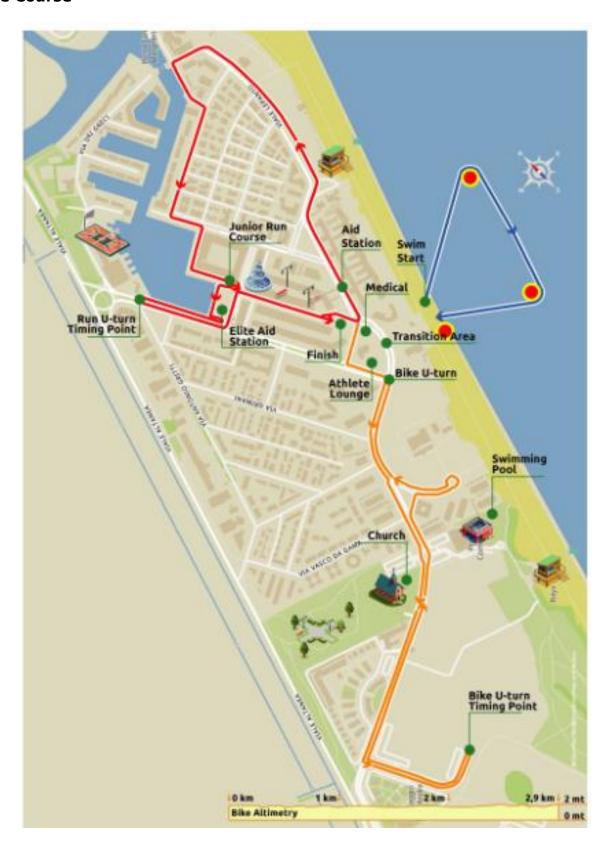








# **The Course**









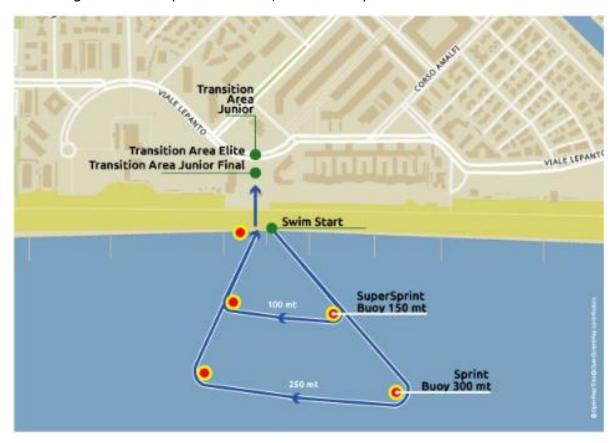


## **SWIM COURSE**

• Start procedures: beach start.

• Number of laps: 1 (Super-Sprint 300m, Sprint 750m)

• Average water temperature: 18°/19°C in May



### **TRANSITION 1**

Athletes will run approximately 120m from the swim exit to Transition Super-Sprint:

- Metal tube racks will be used during qualification waves standard.
- Individual racks for the Finals.

# Sprint:

Individual racks.







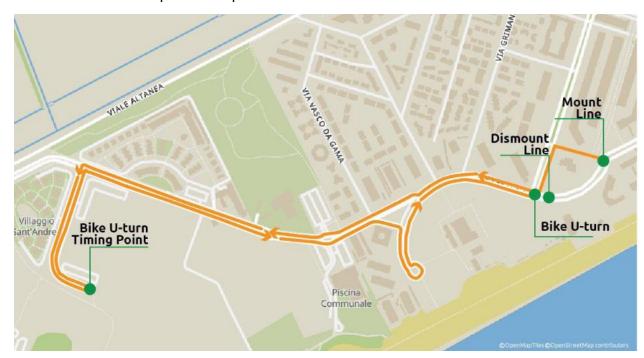


## **BIKE COURSE**

The bike course will be on asphalt and completely flat. The turns and roundabout will create technical sections. The U-turn at the end of each lap will add to the technical nature of the course.

# Number of laps:

- Super-Sprint 3 laps
- Sprint 7 laps











# **RUN COURSE**

Run course will be flat, on asphalt.

Number of laps:

• Super-Sprint 1 lap

Sprint 2 laps

Penalty box will be located 100m before the finish line.

The Aid station will be placed for Élite race at the end of the first lap.











#### COVID-19

What do you need to do?

#### **ATHLETES AND COACHES**

COVID-19 continues to cause significant challenges which affect the travelling rules, depending on the country of origin or destination and the reasons for travelling.

#### MANDATORY TRAVEL LETTER OF INVITATION

Prior to the arrival to Italy foreign travellers participating in Europe Triathlon Cup Caorle need to obtain a letter of invitation to enter Italy in compliance with the DPCM of Dec 3rd, 2020. The document will be issued only to athletes, coaches, sport delegations, technical officials, media, technical staff accredited for the Europe Triathlon event.

To obtain the letter of invitation, please contact <a href="mailto:gabriellalorenzi@fitri.it">gabriellalorenzi@fitri.it</a> and communicate:

- Name and Surname as on your passport
- Date of birth
- Age
- Sex
- Passport number
- Passport expiration date
- Qualification (coach, athlete, etc.): as accredited on the World Triathlon online system
- Name and address of your hotel while in Caorle
- Date of arrival to Caorle
- Date of departure from Caorle
- Email address to receive the invitation letter

If you need direct support with the Consular Authorities please send the above information to <a href="mailto:gabriellalorenzi@fitri.it">gabriellalorenzi@fitri.it</a> specifying the references of the Embassy in order to process the consular protocol through the Italian National Olympic Committee.

Additionally, in line with the TESTING PROTOCOL AND HEALTH SCREENING, all individuals applying for an accreditation to World Triathlon and Continental Triathlon events must respect the comply with the conditions:

- Fill in the online pre-event questionnaire through the World Triathlon website.
- Perform an Antigenic or PCR swap pre-travel test 72 hours before the athlete's travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests

Furthermore, all Elite/U23/Junior/Youth athletes must submit a pre-travel medical certificate according to the requirements above

- Finally, all elite/u23, coaches, team medical and support NF personnel must perform an Antigenic pre-race test at the arrival in the hosting city. In case of a positive result, a PCR swab test must follow. Time and place will be communicated as soon as possible.
- All the specific measures can be found in the table below:









	Pre-event question-naire	COVID-19 test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
Elite athletes	yes	yes	yes	yes	yes
U23 athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	yes		yes
Youth athletes	yes	yes	yes		yes
Coaches/team medical/ support NF personnel	yes	yes	follow public health request	yes	yes
TDs/ITOs/NTOs	yes	yes	follow public health request	follow public health request	yes
IF Staff	yes	yes	follow public health request	follow public health request	yes
LOC/Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes

#### **HEALTH SCREENING**

Temperature and Oxygen saturation level checks will be performed every time the athletes and coaches are on site including at the times of the athletes' package distribution and familiarizations.

Saturation levels lower than 95% and a temperature above 38°C will be reported to the Race Medical Delegate/Medical Delegate.

#### **COMPETITION ACTIVITIES**

A. The mask should be worn until the last minute before athletes' introduction. Please make sure that you will wear your mask after the warm-up.

## B. Wheel stations:

- At the team wheel station, volunteers and Technical Officials present at that location must not have any contact with the team wheels. The team representatives are responsible for disinfecting the wheels prior to depositing them at the wheel station.
- An athlete in need of a spare wheel will be directed by the TO to the proper wheel, which can be picked up by the athlete.
- The wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station
- Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves

#### C. Finish Area

- Timing chip removal must be done by the athlete, who must deposit the timing chip in a specific bin close to the exit of the post-finish area
- Posing for photos at the post-finish area is not allowed
- All recovery stations will be self-served
- Food provided will be individually wrapped
- Massage facilities will not be provided
- Athletes, please do not fall lie down or sit down on the blue carpet (unless you have specific medical needs/problems). A minimum number of volunteers will be available to support the athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering
- Masks will be distributed to the athletes to wear at their earliest convenience









#### D. Medal Ceremonies

 Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the World Triathlon COVID-19 Guidelines for Event Organizers

#### **SPECTATOR ACCESS**

The event will be open to spectators. Any non-accredited persons can watch the event from the spectator's areas.

# Don't forget!

All up to date information can be found on the event website. Athletes, coaches and team managers are reminded that in the build-up to the race, the most up-to-date Athletes' Guide will contain the most up-to-date information but that the Athlete Briefing is where any last-minute changes can / will be communicated. This briefing will be made available on-line once it has been given by the Technical Delegate.

Lots of information here but this is an important event for us all.

If you want a further reason to come to Caorle, just check out this webcam and see how beautiful and inviting the city is.

Webcam <a href="https://www.webcamcaorle.it/">https://www.webcamcaorle.it/</a>

FiTri and the Organisers of the 2021 Caorle Europe Triathlon Junior and European Cup welcome you. See you there in May.