





Athletes Guide













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1. GENERAL INFORMATION

1.1 INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes.

Athletes and Coaches are invited to periodically check the information reported in the Athletes' Guide.

1.2 KEY DATES

The Race Venue will be located in Largo Portesin 5, Porto Santa Margherita, Caorle (VE). All services are easily reachable on foot.

Thursda	Thursday, May 8 th					
15:00	17:30	Junior Registration, Briefing and Race Package distribution at Municipal Gym "E. Fermi"				
Friday, N	Friday, May 9 th					
10:00	10:30	Bike fam (2 escorted laps)				
10:30	11:30	Swim familiarization				
14:30	16:30	Junior Men				
17:30	19:00	Junior Women				
Saturday	Saturday, May 10 th					
14:30		Athletes Lounge and Transition opening time for Junior Final				
16:00		Junior Women Final				
17:00		Junior Men Final				
18:00		Junior Award Ceremony				
19:00		Mixed Team Relay Race package distribution				
Sunday,	Sunday, May 11 th					
07:30	08:30	Athletes Lounge and Transition opening time for Mixed Team Relay				
09:00		Mixed Team Relay Start				
11:00		Mixed Team Relay Award Ceremony				

1.3 KEY CONTACTS

	Name	Email	Phone
LOC Chairman	Aldo Zanetti	aldo.zanetti@silca.it	
Techical Delegate	Joanna Pyrzynska-Figurska	joannapyrzynska@gmail.com	+48 607 126 135
LOC Event Manager	Francesco Fissore	etccaorle@silcaultralite.it	+39 392 793 0248
LOC Race Director	Mauro Miani	eventi@trevisomarathon.com	+39 393 433 9472
LOC Office Manager	Nicola Zanetti	triathlon@trevisomarathon.it	+39 340 162 8156
Europe Triathlon Office		etu_hq@etu.triathlon.org	+32 478 825 456

1.4 CONTACT DETAILS

Silca Ultralite Triathlon ASD Mail: etccaorle@silcaultralite.it

Phone: +39.0438.1918104

Mob + 39.3927930248 / +39.3401628156





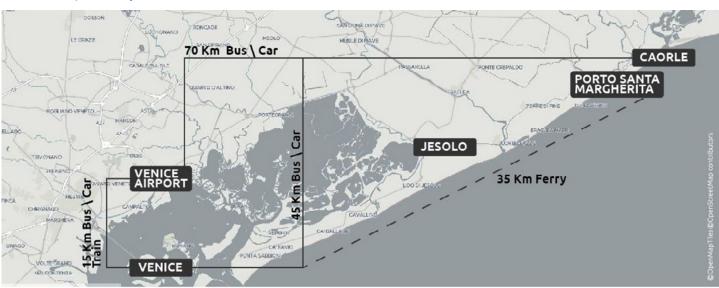


2. VENUE

2.1 COURSE FAMILIARIZATION

Bike Familiarisation will take place on **Friday 9**th **at 10:00am**. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be escorted for two laps.

Swim Familiarisation will take place on Friday 9th at 10:30am Meeting point at Transition Area (Largo Portesin 5, Caorle).





2.2 ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Piazzale Portesin, beside the Transition Area. It will provide toilets, water and energy drinks. Bike mechanic service will be also provided, during opening hours. Massage service will not be provided.

A recovery zone will be placed close to the finish area.







2.3 ATHLETE'S RACE PACKAGE

Race package will be distributed on Thursday 8th immediately after briefing.

Briefing and Race Package Distribution for Junior will be done at Municipal Gym "E. Fermi" in via Enrico Fermi, Caorle (VE).

Registrations and race package distribution for Junior Finals will be held on Saturday 10th from 10.00am to 11.00am at the Athlete's Lounge.

Mixed Team Relay race package distribution will be held on Saturday 10th from 7.00pm to 8.00pm at the Athlete's Lounge.

2.4 DOPING CONTROL

Doping Control Office will be located at the Caorle Swimming Pool, Viale delle Rondini 20/N, Porto Santa Margherita, Caorle (VE).

Doping tests will be conducted according to WT/WADA rules. Athletes must carry their ID documents to the doping control facilities.

2.5 SECURITY

Security Service will be provided during the competition in the Athletes Lounge, Transition Area and FOP.

2.6 LOC OFFICE

LOC Office will be located in Viale Venezia 133, beside Bar La Fiesta (close to Finish Area).

3. ACCOMMODATION

LOC agreed some special rates for Hotels and Apartments.

Official Hotel will be Hotel Ambassador, about 700m from race venue.

To request the full hotels' options please write to etccaorle@silcautralite.it. Apartments are available as follows:

TWO ROOMS Apartments (one room with 1 twin bed, linving room with kitchen and 1 bed, bathroom), 3 to 5 person max (possible to add one single bed in the bedroom).

THREE ROOMS Apartments (one room with 1 twin bed and 1 single bed, one room with 2 single beds, linving room with kitchen and 1 bed, bathroom) - 5 to 7 person max.

Apartments are located:

- close to race venue: Villaggio Holiday (location Porto Santa Margherita),
- 2Km from race venue: <u>Villaggio La Quercia</u> (location Altanea), close to swimming pool and big shopping center.

For athletes booking via LOC the price is all inclusive (sheets, linen and towels are included and it's possible to bring bikes in the apartment).

For information and reservation about accommodation please write to etccaorle@silcaultralite.it.







4. TRANSFER AND TRANSPORT

Transfer service will be organised for athletes, NFs, coaches and staff from Aeroporto Marco Polo (Venice VCE) and Aeroporto Antonio Canova (Treviso TSF):

- Wednesday 7th and Thursday 8th before the race;
- Sunday 11th and Monday 12th after the race;

The price for one ticket is 20,00€ per person/one way, 35,00€ per person/round trip for reservations done no later than Monday, April 28th.

After deadline the cost will be 25,00€ per person/way.

Transfer before Wednesday 7th and after Monday 12th can be organised but could have different rates.

Private transfer can be organised (minivan 5 people and 4 bike), cost is 130,00€ one way.

Trasfer payment have to be done in advance (within Friday, May 2nd) via bank transfer to:

Silca Ultralite Vittorio Veneto ASD Banca della Marca IBAN: IT42U0708462190000000977428 BIC ICRAITRRU40

IMPORTANT: if the payment will be done togheter with the entry fee please specify it in the bank transfer description.

Public Local Transportation connects Venezia and Treviso Airports to Caorle (https://www.atvo.it/itservizio-aeroporti.html) by bus.

Transfer from and to the airport will be organised from and to Official Hotels: for athletes staying in different hotels/apartments, a meeting point will be communicated.

5. ATHELETE'S SERVICES

5.1 TRAINING FACILITIES

SWIM

Swimming pool lines will be available free of charge for training by Caorle Nuoto & Wellness (Via delle Rondini, 20N 1, Caorle) according to the following timetable (first in first served, up to 10 persons per lane):

- Thursday 8th from 10:00am to 12:00pm (4 lines, max 10 persons per line);
- Friday 9th from 9:15am to 1:30pm (2 lines, max 10 persons per line);
- Saturday 10th from 9:00am to 12:00pm (2 lines, max 10 persons per line);

In the following hours Athletes and Teams can book their individual ticket (6,00€) or their line (30,00€ per line per hour, 10 persons max) writing an email to info@caorlenuoto.it:

- Monday 5th and Thursday 8th from 7:30am to 4:30pm;
- Tuesday 6th, Wednesday 7th and Friday 10th from 9:00am to 4:30pm and from 6:30pm to 8:30pm;
- Saturday 10th from 9:00am to 6:00pm:
- Sunday 11th from 9:00am to 1:00pm;







BIKE

Safe bike locations.
Bike 40Km course (gpx link here).
Bike 31Km course (gpx link here).

RUN

Athletics track is available free of charge, to make your reservation please write an email to etccaorle@silcaultralite.it.

10Km course (gpx link here).

5Km course (gpx link here).

All Bike and Run courses (link).

5.2 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions, before, during and after (1h) the race.

There will be First Aid and Emergency Medical Services at the Race Village on competition day. Medical and Paramedical personnel will be available throughout the race.

Several ambulances will be available to provide emergency transfers to a nearby hospital.

A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants.

Athletes/teams should have their appropriate medical insurance.

Reparto di pronto soccorso Caorle (First Aid)

Address: via Riva dei Bragozzi 138, 30021 Caorle (Venezia). Phone: 0421 219815

Azienda Unità Locale Socio Sanitaria N.10 Veneto Orientale

Address: viale M. Buonarroti 2, 30021 Caorle (Venezia). Phone: 0421 81708

San Donà di Piave Hospital - ULSS4 Veneto Orientale

Address: via Nazario Sauro 25, 30027 San Donà di Piave (Venezia). Phone: 0421 227111

5.3 BIKE MECHANICAL SERVICE

At the race venue from Friday, May 9th from 09:00am.







6. COMPETITION SCHEDULE

Thursday	Thursday, May 8 th					
15:00	16:60	Junior Registration - Municipal Gym "E. Fermi"				
16:00	16:30	Junior Briefing - Municipal Gym "E. Fermi"				
16:30	17:30	Junior Race Package Distribution - Municipal Gym "E. Fermi"				
Friday, M	Friday, May 9 th					
10:00	10:30	Bike familiarization (2 escorted laps)				
10:30	11:30	Swim familiarization				
12:45	14:00	Athletes Lounge open for check in for Junior Men				
13:00	14:00	Transition Area open for Junior Men				
13:30	14:15	Swim warm up for Junior Men				
14:20		Line-up and Athlete's introduction - Junior Men First wave				
14:30		Junior Men - First wave				
15:45	17:00	Athletes Lounge open for check in for Junior Women				
16:00	17:00	Transition Area open for Junior Women				
16:30	17:15	Swim warm up for Junior Women				
17:20		Line-up and Athlete's introduction - Junior Women First wave				
17:30		Junior Women - First wave				
Saturday	, May 10 th					
13:30	14:30	Registration and Race package distribution for Junior Finals				
14:30	15:30	Athletes Lounge open for check in for Junior Women and Men				
14:45	15:30	Transition Area open for Junior Women and Men				
15:00	15:45	Swim warm up for Junior Women				
15:50		Line-up and Athlete's Introduction - Junior Women Final				
16:00		Junior Women Final				
16:15	16:45	Swim warm up for Junior Men				
16:50		Line-up and Athlete's Introduction - Junior Men Final				
17:00		Junior Men Final				
18:00		Junior Award Ceremony				
19:00	20:00	Mixed Team Relay package distribution				
Sunday, I	May 11 th					
07:00	07:15	Team member change to the Head Referee				
07:30	08:30	Athletes Lounge open time for Mixed Team Relay				
07:45	08:30	Transition Area open for check in for Mixed Team Relay				
08:00	08:45	Swim warm up				
08:50		Line-up and Athlete's Introduction - Mixed Team Relay				
09:00		Mixed Team Relay Start				
11:00		Mixed Team Relay Ceremony				







6.1 COMPETITION RULES

The event follows the <u>latest published</u> Competitions Rules of World Triathlon.

6.2 ATHLETE'S BRIEFING

Briefing on Thursday, May 8th at 4.00pm at Municipal Gym "E. Fermi", via Enrico Fermi, Caorle (VE). Registration will be open from 3.00pm.

6.3 TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' left ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.4 RESULTS

Results will be uploaded live at the World Triathlon official website www.triathlon.org. All the Results information will be distributed to the Team Leaders at the Information Centre.

6.5 PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

7. ACCREDITATION

The LOC will provide all the Organising Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditation will be distributed during the Race Package distribution.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. ENTRY FEES

The entry fees are:

- Junior 75,00€
- Mixed Team Relay 150,00€ (per team)

Entry fee payment should be done in advance (within Wednesday 1th) via bank transfer to: Silca Ultralite Vittorio Veneto ASD Banca della Marca IBAN IT42U0708462190000000977428 BIC ICRAITRRU40

IMPORTANT: all payment on site can be done exclusively by cash.

Payment status (entry fee, transfer) will be double checked before the race package distribution. If the payment will be done togheter with the airport transfer fee please specify it in the bank transfer description.







9. COURSE MAPS









SWIM COURSE

Start procedures: beach start.

Number of laps: 1 (SuperSprint and Mixed Team Relay 300m)

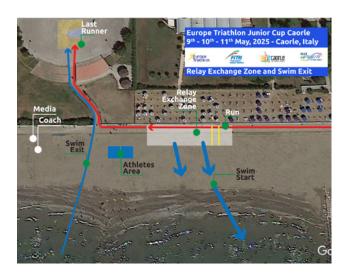
Average water temperature: 18°/19°C in May



TRANSITION 1

SuperSprint and Mixed Team Relay: metal tube racks will be used for individual qualification, Final and Mixed Team Relay.









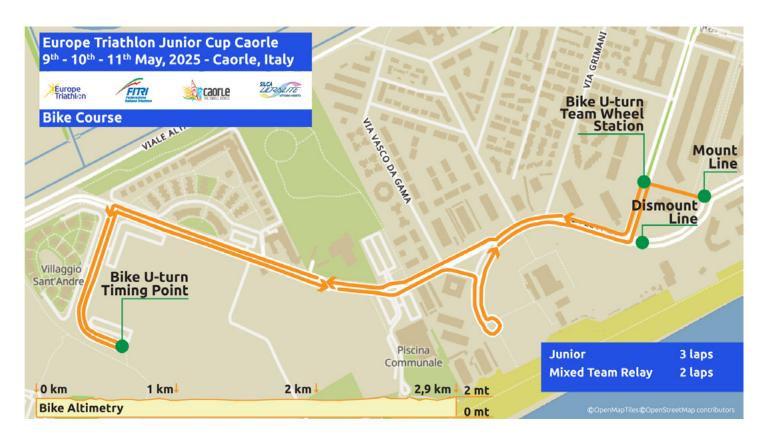


BIKE COURSE

Bike course will be on asphalt, completely flat, turning and roundabout will create technical sections, a u-turn at the end of each lap.

Number of laps

- Mixed Team Relay: 2 laps (6,2Km total)
- SuperSprint: 3 laps (9,5Km total)



TRANSITION 2

From the dismount line, athletes will run straight into Transition Area. Running shoes may be placed beside the rack or in the bin.







RUN COURSE

Running course will be flat, on asphalt.

Number of laps

- Mixed Team Relay: 1 lap (1,5Km)

- SuperSprint: 1 lap (1,9Km)











We would like to thank you for participating and wish you all good luck for the race. LOC